

# Prayer for Healing

## 1. Interview

- WHAT IS YOUR NAME?
- HOW CAN I PRAY FOR YOU?
- HOW LONG HAVE YOU HAD THIS CONDITION?
- DO YOU KNOW THE CAUSE?
- WHY DO YOU THINK YOU HAVE THIS PROBLEM?

*The purpose is to determine the root cause of the infirmity or sickness. Possible roots: an afflicting spirit; sickness rooted in the soul (psychosomatic); or natural causes such as accident, injury, or disease. Ask probing questions.*

- DO YOU HAVE A DOCTOR'S DIAGNOSIS?
- DID SOMEONE CAUSE THIS CONDITION? HAVE YOU FORGIVEN HIM OR HER? (UNFORGIVENESS CAN BE A MAJOR HINDRANCE TO HEALING.)
- DID ANY SIGNIFICANT OR TRAUMATIC EVENT HAPPEN TO YOU WHEN (OR WITHIN 6 MONTHS OR A YEAR BEFORE) THIS CONDITION STARTED? (BEFORE PRAYING FOR PHYSICAL HEALING, YOU MAY NEED TO HELP THE PERSON WITH UNFORGIVENESS, OR WITH EMOTIONAL WOUNDS SUCH AS FEAR, SHAME, AND REJECTION.)

*Depend on the Holy Spirit—quietly ask Him if He has anything to show you about the condition or its cause. Listen to Him!*

## 2. Prayer Selection

PETITION – “Father, in Jesus’ name I ask You to heal the inflammation in Joe’s knee and take out the swelling and pain.”

COMMAND – “In the name of Jesus I command the inflammation in Joe’s knee to be healed, and all swelling and pain to leave.”

Use commands when:

- BREAKING A CURSE OR VOW
- CASTING OUT AN AFFLICTING SPIRIT OR OTHER SPIRIT
- YOU HAVE USED PETITION PRAYERS AND PROGRESS HAS STOPPED
- YOU ARE LED BY THE HOLY SPIRIT
- A WORD OF KNOWLEDGE OR OTHER CIRCUMSTANCE INDICATES THAT GOD WANTS TO HEAL THE PERSON IMMEDIATELY

## 3. Prayer Ministry (Praying for Effect)

1. Audibly ask the Holy Spirit to be present with His guidance and His healing power.
2. Ask the person not to pray but instead, to close his eyes and focus on his body. It’s a time for him just to receive.
3. Ask him to interrupt you and tell you if he feels something: heat/electricity/trembling, etc. (About 50% of people being healed feel something).
4. If indicated, have the person confess any sin (unforgiveness, anger, etc) and/or pray for the person’s emotional healing before praying for physical healing.

## 3. Prayer Ministry *continued*

*Tips:*

- KEEP YOUR EYES OPEN, TO SEE GOD’S TOUCH
- USE SHORT, SPECIFIC PRAYERS
- TRY DIFFERENT KINDS OF PRAYER
- BE LOVING! BE PERSISTENT!
- FOLLOW ANY LEADING OF THE HOLY SPIRIT
- ALWAYS PRAY IN THE NAME OF JESUS
- DON’T PREACH OR GIVE ADVICE
- IF A SPECIFIC PRAYER BRINGS IMPROVEMENT, KEEP USING IT IMMEDIATELY
- PRAY FOR SYMPTOMS AND CAUSE, IF THE CAUSE IS KNOWN
- PERIODICALLY ASK, “WHAT IS GOING ON?”
- REMEMBER: TRUST THE HOLY SPIRIT, NOT THE METHOD
- THANK GOD FOR WHATEVER HE DOES (YOU CANNOT THANK GOD TOO MUCH!)

## 4. Stop and Re-interview

*Keep listening to the Holy Spirit and stop to re-interview. If pain moves around or increases during prayer or if a condition has existed a long time, consider casting out an afflicting spirit. If you are not making progress, consider interviewing the person further:*

- WOULD YOU TRY AGAIN TO REMEMBER ANY SIGNIFICANT EVENT?
- HAVE ANY OTHER MEMBERS OF YOUR FAMILY EVER HAD THIS CONDITION?
- DO YOU HAVE A STRONG FEAR OF ANYTHING?
- HAS ANYONE EVER PRONOUNCED A CURSE OVER YOU OR YOUR FAMILY?
- DO YOU KNOW OF ANYONE WHO IS VERY ANGRY AT YOU?
- HAVE YOU EVER PARTICIPATED IN ANY KIND OF SATANIC OR OTHER OCCULT ACTIVITY?
- HAS ANYONE IN YOUR FAMILY BEEN A MEMBER OF THE FREEMASONS?
- HAVE YOU HAD OTHER ACCIDENTS? (HE OR SHE MAY BE ACCIDENT-PRONE.)

*Stop praying when:*

- THE PERSON: A) IS HEALED OR B) WANTS YOU TO STOP
- THE HOLY SPIRIT TELLS YOU TO STOP
- YOU ARE GAINING NO GROUND AND RECEIVE NO OTHER WAY TO PRAY.

## 5. Post Prayer Suggestions

*After praying, it is beneficial to give helpful follow-up instructions or exhortations.*

- ENCOURAGE THE PRAYEE FROM SCRIPTURE
- SHARE APPROPRIATE LIFESTYLE CHANGES FOR MAINTAINING HEALING AND TO PREVENT PROBLEM RE-OCCURRENCE
- IF SOMEONE IS NOT HEALED OR IS ONLY PARTIALLY HEALED, DO **NOT** ACCUSE THE PERSON OF A LACK OF FAITH OR OF SIN IN HIS OR HER LIFE AS THE CAUSE
- PREPARE THE PERSON TO RESIST ANY FURTHER ATTACK AFTER HEALING