

OVERVIEW 1

# Dear Mentors of Hope Church,

It is such a privilege for us to serve in God's household as mentors over the flock. The joy of mentoring a young believer and to witness the first steps of their faith in God is irreplaceable.

The Bible encourages each one of us to be 'Shepherds of God's flock' not because we must, but because we are willing (1 Peter 5:2). The journey ahead with your mentee is exciting. May you mentor with God's love, patience and perseverance as you lead your mentee towards who they can be in Christ.

Blessings,
Jeffrey Chong
Senior Pastor

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2 HOW TO USE THIS BOOK

# How to use this book

This book is designed with you, mentors, in mind. In this book, there are 10 sessions. Each session aims to help new believers grow in their understanding of who God is and how they can start their journey with God. This book serves as a guide to cover the major principles that a new believer should be grounded in.

Here are some features in this mentor version that will help you to maximise your mentoring experience.

### **PAGE NUMBER**

The page numbers on the mentor version is the same as the mentee version to allow easy reference when you are going through this book together.

#### NO BLANKS TO FILL IN

Mentoring can happen in the foodcourt, on the bus, at a café, at the work station etc. To facilitate convenience for both the mentor and mentee, this book is designed to have no blanks to be filled in. Mentees have the complete set of notes they need and can even read the lesson before going through with their mentors. Your role as a mentor is important in not just explaining the content but imparting the spirit of each lesson.

### **MENTOR TIPS**

These are suggested prompters to give you ideas on what might be some common questions new believers have or points which are good to clarify. You can find the mentor tips on the side columns or at the bottom of the page. Be open to how the Holy Spirit is guiding you to teach and impart to the new believer. Do tailor your sharing style to suit the level of understanding and responsiveness of the new believer.

# Share your story

Your story of how God came into your life is one that cannot be refuted, and one that can inspire many! Do take time to pen down this journey you have had with God and share it with your mentee. You can also encourage your mentees to share their stories to their friends and loved ones.

Bless us too by submitting it via email to stories@hopesingapore.org.sg.

Here's a short story structure you can follow (read Paul's testimony in Acts 26):

- What were you like before you came to know Jesus
- How you encountered God / How God became real in your life / How you came to accept Jesus as Your Lord & Saviour / How you came to Christ
- What has changed in your life since then

We look forward to hearing your story!

# Feedback

If you have any feedback or suggestions on how we can improve First Steps, please write in to <code>edu@hopesingapore.org.sg</code>. We would love to hear from you.

#### **SESSION 1**

# How can I be assured of my salvation?

Congratulations! You have received the best gift you can ever receive in your life – a relationship with the Creator of the universe! God is the creator who determines the number of stars in the skies yet He is also a personal God who numbers the strands of hair on your head (Psalm 147:4, Matthew 10:30).

God is great and mighty, yet He loves you and desires to relate with you. Do you feel a void in your heart sometimes? God designed us with this void so that we may desire to connect with Him, know Him and be loved by Him. Only a relationship with Him can fill this void in our heart. This session will help you to understand why we are separated from God and how the void in our heart can be filled up when we are connected back to God again.



# Mentor's Tips

You can start this session by:

- Congratulating your new believer (NB) for their decision to accept Jesus into their life.
- Assuring him that this is the most important decision he has made for himself
- Sharing your own conversion story.

### WHY ARE WE SEPARATED FROM GOD?

God is a holy God. He alone is perfect and without sin.

### Leviticus 20:26

You are to be holy to me because I, the LORD, am holy, and I have set you apart from the nations to be my own.

What is sin? Sin is anything that falls short of the perfect standard of God. Have you ever lied? Have you had bad thoughts of others? Have you looked at someone with lust? Have you ever lost your temper? Such acts are examples of sin. We are all sinners before God, with none holier than the other. God is holy and sin separates us from Him. Even though God loves us, we cannot have a relationship with God.

This may sound sad but we have good news! God sent His one and only Son, Jesus, to die on the Cross for our sins. Jesus is sinless and perfect; this is why His sacrifice on the Cross is sufficient to pay for the penalty of our sins.

Through Jesus, you receive forgiveness for your sins and have a close relationship with God. You are able to talk and relate with Him anytime and anywhere. For when you believe in Jesus and put your trust in what He has done for you, you are saved.

### 1 John 1:9

If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.



# Refer to MT 1.1

What are some examples of sin?

### Refer to MT 1.2

Why do you think it is serious to sin against God? How should our response be?

### WHAT IS REPENTANCE?

Repentance is to confess your sins and make a decision to turn away from your sinful ways to God's ways.

We should repent by acknowledging our sins to God specifically and sincerely. We should not only repent when it is convenient to do so or when there is an appropriate time. Instead, we should repent as soon as we are aware that we have sinned. We can also ask God to search our hearts to tell us how we have sinned against Him.

### Psalm 139:23-24

<sup>23</sup> Search me, God, and know my heart; test me and know my anxious thoughts. <sup>24</sup> See if there is any offensive way in me, and lead me in the way everlasting.



After we have repented, it does not mean we will never make the same mistake again. Instead, God can help us to commit lesser mistakes as we continue to grow in Him

### Matthew 3:8

Produce fruit in keeping with repentance.

Repentance is to confess your sins and make a decision to turn away from your sinful ways to God's ways.

### **HOW CAN I BE ASSSURED OF MY SALVATION?**

Salvation is from God and is not based on our own human efforts. We respond to God by placing our trust in Jesus who conquered death and rose to life again. We are assured of our salvation once we have repented and accepted Jesus into our life as our personal Lord and Saviour. When we put our trust in Jesus, we can have confidence that our salvation is certain and eternal.

### Romans 10:9-10

<sup>9</sup> If you declare with your mouth, "Jesus is Lord," and believe in your heart that God raised him from the dead, you will be saved. <sup>10</sup> For it is with your heart that you believe and are justified, and it is with your mouth that you profess your faith and are saved.

Some may think that salvation is determined by our feelings; however our feelings can change, so we cannot rely on them. Our salvation is based on God's Word and what Jesus has done.

When we put our trust in Jesus, we can have confidence that our salvation is certain and eternal.

# Mentor's Tips

# Refer to MT 1.3

What are some misconceptions people have about salvation?

This train diagram illustrates the relationship between fact (God and His Word), faith (our trust in God and His Word), and feeling (the result of our faith and obedience) (John 14:21).



The train car (Fact) will run with or without the passenger cars (Faith and Feeling). However, it would be useless to attempt to pull the train by the passenger cars. In the same way, we do not depend on feelings to determine our salvation, we place our faith (trust) in the trustworthiness of God and the promises of His Word.

### Ephesians 2:8-9

<sup>8</sup> For it is by grace you have been saved, through faith — and this is not from yourselves, it is the gift of God — <sup>9</sup> not by works, so that no one can boast.

Salvation means more than just having an eternal life and living forever with God. In fact, you have a new life in Christ now! With gratitude towards what Jesus has done for you, you can now choose to live your life in a way that is pleasing to God. As you walk with God to discover your identity and your purpose in Him, you will be transformed into who God created you to be. It is a wonderful adventure with Him every day.

### 2 Corinthians 5:17

Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!



Who is Jesus in my life?

Why must I repent from my sins?

Am I confident of my salvation? Why?



### RESPOND

Make repentance my daily habit.



### Romans 10:9-10

<sup>9</sup> If you declare with your mouth, "Jesus is Lord," and believe in your heart that God raised him from the dead, you will be saved. 10 For it is with your heart that you believe and are justified, and it is with your mouth that you profess your faith and are saved.

# **SESSION 1** How can I be assured of my salvation?



### MT 1.1 What are some examples of sin?

- Arrogance looking down on people, discriminating against other people, self-righteousness
- Lust sexual sin, pornography, extra-marital/pre-marital affairs, lust for materials and wealth
- Hatred jealousy, bitterness towards people, unforgiveness
- Dishonesty cheating, lacking integrity, stealing

# MT 1.2 Why do you think it is serious to sin against God? How should our response be?

God is serious about our sins. One day, all will have to stand before God who is the Judge and give an account of our lives. If God is not serious about our sins, Jesus will not have to die so that we can be saved from eternal death (Hell).

All sins are equally serious before God. It can be telling a lie, having evil thoughts towards others, shoplifting, lust, murder, acting unjustly towards others or adultery. We should not think or have the misconception that some sins are less serious than others.

As we start to understand the seriousness of sin and how much God loves us (by sending Jesus to pay for the penalty of our sins), we will be thankful to him and it is a natural response to love Him back and obey His ways.



### MT 1.3 What are some misconceptions people have about salvation?

Some mistook salvation as doing good works (being kind to others, involve in voluntary work, give to the poor, etc), the truth is we are all sinners. Doing good works does not make us good. We are still separated from God and still need Jesus to save us. We are saved for good works not saved by good works. Good works cannot lead us to salvation. Salvation is in Christ alone.

Some other mistook salvation as being religious, by memorising the scriptures, prayer 'x' times every day and going to church. Being religious does not save us. We are not saved by being religious but by acknowledging we are sinners and putting our trust in Jesus alone.

Some mistook salvation as the act of believing in Jesus alone. The truth is our belief in Christ should lead to repentance. Without repentance, turning from own sinful ways to God's ways, it is like knowing you are driving in the wrong direction yet persisting in it. In the end, without charging your directions, you will not reach your destination.

Salvation = Jesus' death and victory on the cross + personally trusting in Him (Faith in Jesus) + turning from our ways to Him (Repentance).

### **SESSION 2**

# Why and how do I read the Bible?

The Bible is inspired by God and written through men. God guided the thoughts of these men and spoke to His people through them (2 Peter 1:21).

Do you know that the Bible is most commonly described as God's love letters to man? Do you want to know how God's love for you unfolds? Have you ever wanted to hear God's personal message for you? Reading the Bible is one primary way God speaks to us. This session will help you to get started and tell you how you can receive God's personal message for your life.

### WHAT IS THE BIBLE ALL ABOUT?

The Bible is God's message for His children. When we become Christians, we also become children of God (*John 1:12-13*) and we have a relationship with God, our heavenly Father. Just like our earthly parents, God loves us and wants to bless, protect and guide us. The Bible holds principles from God not to restrict us, but to teach us how we can live a life that receives God's protection and blessings.

As new Christians, we are like newborn spiritual babies. Just as the newborn baby requires food to grow and stay healthy, the spiritual baby also requires spiritual food. Our spiritual food comes from the Bible. Receiving regularly from the Bible helps us stay alive, grow and mature in God.

# Mentor's Tips

You can start this session by:

- Giving your NB a Bible in the latest NIV Print Edition.
- Sharing how reading the Bible has encouraged you when you were a young believer.

### 1 Peter 2:2

Like newborn babies, crave pure spiritual milk, so that by it you may grow up in your salvation.

### Matthew 4:4

Jesus answered, "It is written: 'Man shall not live on bread alone, but on every word that comes from the mouth of God."

The Bible is not an ordinary book. It is God's truth and has the power and authority of God to transform us to become the kind of person God created us to be.

### 2 Timothy 3:16-17

<sup>16</sup> All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, <sup>17</sup> so that the servant of God may be thoroughly equipped for every good work.

The Bible is God's truth and has the power and authority of God to transform us to become the kind of person we are created to be.



# Refer to MT 2.1

I am unable to live out all the principles in the Bible. What should I do?

### WHY SHOULD I READ THE BIBLE?

# 1. The Bible guides us

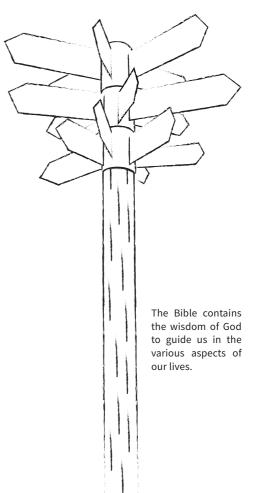
The Bible contains the wisdom of God to guide us in the various aspects of our lives. For example, the Bible contains principles on how to manage our finances, handle relationships with people and make good and wise decisions that honour God. Reading the Bible is like receiving a roadmap for our lives. It helps us understand who God created us to be and His purpose for our lives. Trusting in what God says and living it out can lead us to fulfilling God's plans for our lives.

### Psalm 119:105

Your word is a lamp for my feet, a light on my path.

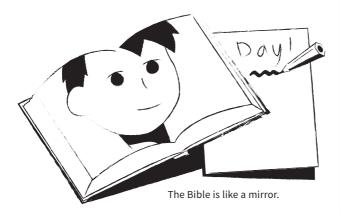
### John 15:5

I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing.



# 2. The Bible reveals the areas we need to grow in

The Bible is like a mirror. It reveals the holiness of God and the sinfulness of man at the same time. Most of us will look into the mirror to ensure that we look presentable before we begin our day. In the same way, we should also check ourselves with the Bible daily so that we know our condition and the areas we need to grow in to become more like Jesus.



James 1:23-25

 $^{23}$  Anyone who listens to the word but does not do what it says is like someone who looks at his face in a mirror  $^{24}$  and, after looking at himself, goes away and immediately forgets what he looks like.  $^{25}$  But whoever looks intently into the perfect law that gives freedom, and continues in it — not forgetting what they have heard, but doing it — they will be blessed in what they do.

### 3. The Bible strengthens our faith

According to a study, the Bible contains about 3,500 of God's promises for us. When we read the Bible we know of God's promises and our faith can be strengthened when we experience the fulfilment of God's promises in our lives.

The Bible is so important to a believer! But, how do we know that we can trust in God's ways? Just like how we grow to trust an old friend more than an acquaintance, when we start to know Him more personally, our faith in Him grows too. When our faith in God grows, we learn that God can be trusted and we will desire to obey His Word and follow His ways.

### **Romans 10:17**

Consequently, faith comes from hearing the message, and the message is heard through the word about Christ.

The Bible contains insights to principles on how we can live our lives.

### **HOW SHOULD I GET STARTED?**

We benefit most from the Bible when we read it with an attitude of faith, hunger (to receive a personal message from God) and a desire to obey God. If this is the first time you are picking up a Bible, start by reading the Book of Mark in the New Testament.

### WHAT IS SPENDING QUIET TIME (QT) WITH GOD?

Christianity is about having a meaningful relationship with God by knowing Him as a close and personal friend. Quiet time refers to an unhurried time, set aside to be spent alone to know our heavenly Father who loves us. When Jesus was on earth, He also spent regular time alone with God. Hence, daily quiet time is a very important habit of every Christian.

Quiet time refers to an unhurried time, set aside to be spent time alone to know our heavenly Father who loves us.

# Mentor's Tips

Share how you set aside a preferred time to read the Bible daily.

Introduce YouVersion's Bible App which can be downloaded on the app store for free.

If your NB does not like to read, encourage him to listen to the reading of the Bible through the YouVersion Bible app.

### For our QT to be meaningful, we must have:

### 1. Right attitude

### 1 Samuel 16:7

The Lord does not look at the things people look at. People look at the outward appearance, but the Lord looks at the heart.

### 2. Faith and expectation that we will meet God

### Psalm 5:3

In the morning, LORD, you hear my voice; in the morning I lay my requests before you and wait expectantly.

### 3. Desire to be filled by God

### Psalm 42:1-2

As the deer pants for streams of water, so my soul pants for you, my God. My soul thirsts for God, for the living God. When can I go and meet with God?

# Here is an example of how you can do your QT.

- 1. Read the Bible and pray for God to help you understand His Word (5-15mins)
- 2. Record what you learnt from your reading in a journal or electronic device
- 3. Reflect by considering how you can apply
- 4. Respond by applying what you have read



### Refer to MT 2.2

Why and how do we memorise Scriptures?



# **REFLECT**

What can I gain from reading the Bible?

What will be one challenge for me when reading the Bible? How can I overcome it?

When is the best time and where is the place for me to spend time with God?



# **RESPOND**

Spend 15 minutes to read and write down what you learnt from the Bible as you spend time with God each day.



# Psalm 119:105 Your word is a lamp for my feet and a light on my path.

### **BIBLE READING JOURNAL**

Distribution of chapters per Gospel book:

Book of Matthew - 28 chapters

Book of Luke - 24 chapters

Book of John - 21 chapters

Total: 89 chapters

By reading seven chapters a week, you will be able to complete reading the book of Matthew, Mark, Luke and John within 13 weeks.

# Here is a sample of a Bible reading journal:

Week 1	Passage Reading	Lessons learnt from the Bible	How can I apply into my life	Prayer points
Day 1	John 1	Verse 12 - to all who believe his name, he gave the right to become children of God I believe in Jesus, I am God's child	Know that I am God's child.	God, help me to overcome my insecure feelings that I am unworthy or not good enough.
Day 2	John 2			

# **SESSION 2** Why and how do I read the Bible?

# **\*MENTOR'S TIPS**

### MT 2.1 I am unable to live out all the principles in the Bible. What should I do?

#### Romans 7:15-25

<sup>15</sup> I do not understand what I do. For what I want to do I do not do, but what I hate I do. <sup>16</sup> And if I do what I do not want to do, I agree that the law is good. <sup>17</sup> As it is, it is no longer I myself who do it, but it is sin living in me. <sup>18</sup> For I know that good itself does not dwell in me, that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out. <sup>19</sup> For I do not do the good I want to do, but the evil I do not want to do—this I keep on doing. <sup>20</sup> Now if I do what I do not want to do, it is no longer I who do it, but it is sin living in me that does it.

<sup>21</sup> So I find this law at work: Although I want to do good, evil is right there with me. <sup>22</sup> For in my inner being I delight in God's law; <sup>23</sup> but I see another law at work in me, waging war against the law of my mind and making me a prisoner of the law of sin at work within me. <sup>24</sup> What a wretched man I am! Who will rescue me from this body that is subject to death? <sup>25</sup> Thanks be to God, who delivers me through Jesus Christ our Lord!

So then, I myself in my mind am a slave to God's law, but in my sinful nature a slave to the law of sin.

We are not perfected overnight. But God expects us to have the intention to grow in character day by day. Therefore, check with your new believer the issues he/she is struggling with and help him/her overcome them step by step. The key is a willing heart.

# MT 2.2 Why and how do we memorise Scriptures?

### Psalm 119:10-12

<sup>10</sup> I seek you with all my heart; do not let me stray from your commands. <sup>11</sup> I have hidden your word in my heart that I might not sin against you. <sup>12</sup> Praise be to you, Lord; teach me your decrees.

The Scriptures are powerful as it is of God. It also reminds us of God's promises and serves to strenghen us in times of trials and temptations.

### **SESSION 3**

# Why and how do I pray?

Think about a friend whom you are very close to. How was the bond developed? It probably started off with regular phone calls and frequent outings, which eventually progressed to a stage where the deepest thoughts are shared, and you both know that you can count on each other in times of need. Likewise, our relationship with God needs nurturing. God is not just the God of the universe, He is also our heavenly Father. In this session, you will learn how to go into God's presence confidently to talk to Him about everything and anything that is on your mind.

### WHAT IS PRAYER?

Prayer is simply talking to God. As a child of God, you share a relationship with your heavenly Father through Jesus Christ. God loves you and He desires to connect, hear, talk, and respond to you.

Prayer is not a monologue but a dialogue with God. When we pray, we can expect God to be listening and responding to us.

### Matthew 7:7-8

<sup>7</sup> "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. <sup>8</sup> For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened."

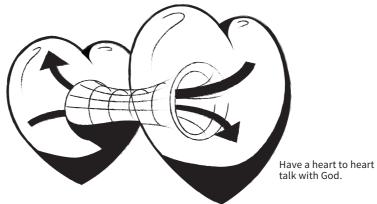
# Mentor's Tips

You can start this session by:

Describing how you felt when you first made a prayer.

Sharing a testimony of an answered prayer.

Anyone can pray and talk to God because there is no special formula in prayer. God looks at our heart when we pray. When we set aside time to share honestly and vulnerably about our lives with Him, it puts a smile on His face! Therefore, do not be anxious about the words you choose when you pray because God looks at your heart.



### Matthew 6:5-7

<sup>5</sup> "And when you pray, do not be like the hypocrites, for they love to pray standing in the synagogues and on the street corners to be seen by others. Truly I tell you, they have received their reward in full. <sup>6</sup> But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you. <sup>7</sup> And when you pray, do not keep on babbling like pagans, for they think they will be heard because of their many words."

"Our prayers may be awkward. Our attempts may be feeble. But since the power of prayer is in the One who hears it and not in the one who says it, our prayers do make a difference." – Max Lucado

### **HOW SHOULD I PRAY?**

Our conversation with God is like a 24/7 Wifi connection. God is always online and He is always available to respond to us. You can pray anytime and anywhere. Your prayer life is not restricted with your time alone with God. You can pray when you are studying, while you are talking to a colleague, or even when you are on the bus. Just like with a friend, the more we interact with God, the more our relationship with Him grows.



Even Jesus himself set aside time to pray!

### Mark 1:35

Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed.

Prayer is not a monologue but a dialogue with God. When we pray, we can expect God to be listening and responding to us.



# Refer to MT 3.1

Why do Christians pray?

### Refer to MT 3.2

Why do we close our eyes when we pray?

### Refer to MT 3.3

Why do we end our prayer by saying 'Amen'?

So how should you get started? Here's a simple guide (P.R.A.Y.) to help you to pray:

### P: PRAISE

God is good. He sent Jesus to save us and gave us a new life in Christ. If you do not know how to start, just begin by thinking about how good God is and begin praying by adoring God and praising Him for who He is.

"Dear God, I praise you because You are \_\_\_\_\_!" (Start off each prayer by telling God how great, good, awesome and mighty He is.)

### R: REPENT

Praying can also be a time when we repent of our sins specifically and ask God to forgive us and help us to change. Sin separates us from God. If we love God and cherish our relationship with God, we will want to be repentent over our sins.

"I am sorry for \_\_\_\_\_! Please forgive me and help me to change."

### A: ASK

God is a generous Giver. When you are praying, you can ask God to provide for your needs, protect the ones you love, help you in your weaknesses, enable you to overcome obstacles, etc.

"Please	be	with	!"	or	"Please
help		!"			

### Y: YIELD

Praying includes yielding to God. Yielding means in whatever we pray for, we trust God to answer in His way and His timing.

"God, I trust you for !"

#### Proverbs 3:5-6

<sup>5</sup> Trust in the Lord with all your heart and lean not on your own understanding; <sup>6</sup> in all your ways submit to him, and he will make your paths straight.

### WHY SHOULD I PRAY?

Have you seen a child talking to his dad? Whether he's asking curious questions or just sharing his thoughts, his dad is delighted to listen to him. Similarly, our heavenly Father also delights in us as we share and converse with Him. Christians pray because we share an intimate relationship with God. Start praying today, God desires to hear you.



# Refer to MT 3.4

How does God answer prayers?

### Refer to MT 3.5

How can we hear from God?

# Refer to MT 3.6

Why should we pray when God already knows our needs?



# **REFLECT**

What are some answered prayers I can give thanks to God for?

What are some things I can pray for myself as well as for the people around me?

Why do I need to pray?



# **RESPOND**

Practice P.R.A.Y. as you spend time with God every day.



# **MEMORY VERSE**

Matthew 7:7 Ask and it will be given to you; seek and you will find; knock and the door will be opened to you.

# **SESSION 3** Why and how do I pray?

# **\*MENTOR'S TIPS**

### MT 3.1 Why do Christians pray?

Here are some reasons why Christians pray:

• Brings blessings from God

### Luke 11:9-10

<sup>9</sup> "So I say to you: Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. <sup>10</sup> For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened.

· Brings help in time of need

### Hebrews 4:16

Let us then approach God's throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.

• Brings joy

#### John 16:24

Until now you have not asked for anything in my name. Ask and you will receive, and your joy will be complete.

Brings physical and spiritual healing

#### James 5:15-16

<sup>15</sup> And the prayer offered in faith will make the sick person well; the Lord will raise them up. If they have sinned, they will be forgiven. <sup>16</sup> Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective.



· Brings understanding

### Jeremiah 33:3

'Call to me and I will answer you and tell you great and unsearchable things you do not know.'

· Sets us apart for special purpose in God

### 1 Timothy 4:4-5

- <sup>⁴</sup> For everything God created is good, and nothing is to be rejected if it is received with thanksgiving, <sup>⁵</sup> because it is consecrated by the word of God and prayer.
- It is powerful and effective

### James 5:16b

Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective.

• Pleases God

### Proverbs 15:8

The Lord detests the sacrifice of the wicked, but the prayer of the upright pleases him.

• Strengthens us against temptations

### Matthew 26:41

"Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak."



### MT 3.2 Why do we close our eyes when we pray?

There is no special significance in closing our eyes. We close our eyes so that we will not be distracted by the things around us and focus on talking to God when we pray. In fact we can open our eyes to pray too!

### MT 3.3 Why do we end our prayer by saying 'Amen'?

Our word amen comes from a Hebrew word that has a similar pronunciation and it can mean "verily, truly, or so be it." Saying "amen" at the end of a prayer states our affirmation that what was just said is true and that we are in agreement with the prayer.

### MT 3.4 How does God answer prayers?

God loves to hear our prayers and answer them. However, he may not always answer our prayers according to what we expect. He may answer our requests with a "Yes". Sometimes, He may answer "No" because He has something better in mind or sometimes gemay answer "Wait". What we ask may be along His Will but it is not the right time yet.

### MT 3.5 How can we hear from God?

God speaks to us through:

- His Bible it tells us what God is like and how He expects us to conduct ourselves.
- Personal Time of reflection and prayer with God.
- Holy Spirit's prompting in our heart.
- Other Christians God can use people to speak biblical truth into our life. We should seriously consider advice given by brothers/sisters who are matured and trustworthy, such as our mentors and leaders.
- Sermons, Teachings, Christian books and Studying the Bible.

### MT 3.6 Why should we pray when God already knows all our needs?

Prayer is one essential way we develop our relationship with God. The more we communicate with a person, the more we will grow closer to him/her. We communicate with God not just about our needs but also our joy, our praise and thanksgiving, our confession and repentance and our love to Him.

We grow to understand the character and heart of God through His responses to our prayers.

E.g. When a child ask his father for ice-cream, the father even though knowing his son's liking, will decide to get the ice-cream after his son has taken his main meal rather than getting him one when his son is asking with an empty stomach. To the child, the 'no' at the time of asking seems to be a 'no' but it is actually a 'wait'. But if the child asks after the meal, it will be a 'yes' to him.

The child may not know the reason for his father's response but will come to understand in time as he grows in maturity and his understanding of his father's intentions.

WHAT IS WORSHIP?

### **SESSION 4**

# What is worship?

Have you seen a child singing and dancing for her parents? The way she sings and dances so freely, she seems to have little concern about how well she is performing because she feels safe and comfortable around them.

This brings the biggest smile to her parents' faces. It is a delight to watch the child be who she is regardless of how well she sings or dances. The same can be said as we sing songs of praise and dance joyfully before our heavenly Father. It brings God great delight when we express ourselves freely before Him.



# Mentor's Tips

You can start this session by:

Giving your NB a worship CD.

Introducing some Christian artists or bands on Youtube.

Introducing Christian Radio Station (http://www.klove.com/).

26 WHAT IS WORSHIP?

### WHAT IS WORSHIP?

Worship is the act of offering our lives to God as an expression of our love for Him. We can worship God with all facets of our lives, from performing our professions with honesty, being diligent and responsible in school, obeying the authorities God placed over us, to responding to life circumstances with godly attitudes – these are all acts of worship.

Romans 12:1-2

<sup>1</sup> Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God — this is your true and proper worship. <sup>2</sup> Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is — his good, pleasing and perfect will.

Worship is also expressing our devotion, gratefulness and thanksgiving to God. We commonly do so through singing songs to Him. We proclaim His goodness for who He is and praise Him for what He has done.



When we are eager to express our love for someone, it is only natural for us to demonstrate it through our words and actions.

# Mentor's Tips

### Refer to MT 4.1

Sometimes, I do not feel close to God when I worship Him, what should I do?

WHAT IS WORSHIP?

We regularly worship God together with other believers during weekend church services and Life Group meetings. You can also worship God alone when you are in the office, while travelling or taking a walk. No matter the time, place or how you are feeling, you can always have a song in your heart for God!

### Ephesians 5:19

...speaking to one another with psalms, hymns, and songs from the Spirit. Sing and make music from your heart to the Lord.

### **HOW DO WE WORSHIP?**



When we are eager to express our love for someone, it is only natural for us to demonstrate it through our words and actions. Imagine a suitor pursuing the girl of his dreams – not only will he tell her "I love you", he will also do things to express his love for her. He may buy her favourite food, write her a love note or give her flowers. Similarly, it is natural to express our worship to God when we love Him. As you profess your love for God, this love will naturally be translated into words and actions.

Singing songs of praise to God, clapping and lifting your hands, bowing down, dancing with joy and making music with musical instruments in His presence are all natural forms of expressing our worship.



# Refer to MT 4.2

What do various forms of worship mean?

- Lifting hands
- Bowing down
- Singing and dancing

28 WHAT IS WORSHIP?

Worshipping God is not about how loudly we clap, how gracefully we dance, how well we sing or how good the music is. What matters most is a heart that places God at the centre of the worship. True worship does not depend on the music, the place of worship or even the songs sung. It depends on the attitude of the worshipper.

The Bible teaches us to worship in Spirit and in truth. We should worship God wholeheartedly and with an understanding of who we are worshipping.

#### John 4:23-24

<sup>23</sup> Yet a time is coming and has now come when the true worshippers will worship the Father in the Spirit and in truth, for they are the kind of worshippers the Father seeks. <sup>24</sup> God is spirit, and his worshippers must worship in the Spirit and in truth.

True worship does not depend on the music, the place of worship or even the songs sung. It depends on the attitude of the worshipper.

WHAT IS WORSHIP?

Let's praise and worship God with these songs!

Praise	&	Worship
Hillsong		Hillsong
J		•
For All You've Done		The One Who Saves
Love Enough		This is Our God
Your Name High		How Great is Our God
Running		Power of Your Love
		At the Cross
Planetshakers		
Nothing is Impossible		Passion
		Whom Shall I Fear
<b>Desperation Band</b>		One Thing Remains
Counting on God		
		Matt Redman
<b>Chris Tomlin</b>		10,000 Reasons
Sing, Sing, Sing		
	- 1	

30 WHAT IS WORSHIP?



### **REFLECT**

What can I praise and thank God for in my life, especially for what He has done in my life recently?

What song can I sing to express this thanksgiving to Jesus?

Describe how God has touched me during a worship session.



#### RESPOND

Take some time to worship God through a song that expresses your love for Him.



# Psalm 92:1

It is good to praise the Lord and make music to your name, O Most High.

# **SESSION 4** What is Worship?

# **\*MENTOR'S TIPS**

# MT 4.1 Sometimes I do not feel close to God when I worship Him, what should I do?

As we come to know God more and more, we will experience Him in an increasing measure in our lives. This will naturally be translated to a greater sense of love, affection and connection with God during our worship.

New believers may lack such experiences since they are new in their relationship with God. Therefore, you can assure them that they will experience God to a deeper measure as they continue to grow in their walk with God.

Our emotions are not accurate indicators of our worship. We should continue to worship God despite how we are feeling. In fact, God loves us and He delights in us. It is God's love that draws us to worship Him.

### Zephaniah 3:17

The LORD your God is with you, the Mighty Warrior who saves. He will take great delight in you; in his love he will no longer rebuke you, but will rejoice over you with singing.

### MT 4.2 What do various forms of worship mean?

• Lifting our hands means to exalt God, or it can also mean a sign of surrender.

#### Psalm 134:2

Lift up your hands in the sanctuary and praise the Lord

• Bowing/kneeling down means we acknowledge God's greatness and we submit to Him in His presence

#### Psalm 95:6

Come, let us bow down in worship, let us kneel before the Lord our Maker.

• Dancing expresses our joy and freedom in God's presence

#### Psalm 149:3

Let them praise his name with dancing and make music to him with timbrel and harp.

#### **SESSION 5**

# What is the spiritual family?



One of the greatest needs of the human heart is relationship. When you were born, God placed you in a biological family where you share a relationship with your parents. When you accepted Jesus, you became a child of God.

God is your heavenly Father and the other believers are brothers and sisters in your spiritual family. The church is neither a building nor a place of worship. It is the gathering of believers who have been "called out" by God from darkness into the His wonderful light. In fact, the word "church" means "called out ones". Our relationship with God and the church is inseparable. In this session, you will learn about the blessings of belonging to a spiritual family.

# Mentor's Tips

You can start this session by:

Giving your NB a card/gift to welcome him into the spiritual family.

#### WHAT IS A SPIRITUAL FAMILY?

In the Bible, God's people gather together for the purpose God has given to them. The first church in history, referred to in the book of Acts, the believers supported one another by meeting up regularly to do life together, learn from the Bible, pray for one another, encourage one another in their faith and share everything they had. We do the same today too!

In Hope Church, Life Groups are our immediate spiritual family to whom we belong and meet regularly. In our Life Groups, we do life together and help each other grow in God. Everyone in our church is encouraged to be connected to a Life Group so that we will not miss out on what God has for us through the spiritual family.

#### Acts 2:42-47

<sup>42</sup> They devoted themselves to the apostles' teaching and to fellowship, to the breaking of bread and to prayer. <sup>43</sup> Everyone was filled with awe at the many wonders and signs performed by the apostles. <sup>44</sup> All the believers were together and had everything in common. <sup>45</sup> They sold property and possessions to give to anyone who had need. <sup>46</sup> Every day they continued to meet together in the temple courts. They broke bread in their homes and ate together with glad and sincere hearts, <sup>47</sup> praising God and enjoying the favour of all the people. And the Lord added to their number daily those who were being saved.

The church is neither a building nor a place of worship. It is the gathering of believers who have been "called out" by God from darkness into His wonderful light.

#### WHY SHOULD I BELONG TO A SPIRITUAL FAMILY?

Just like in a barbecue, charcoal pieces in the fire burn longer and stronger together but loose pieces of charcoal burn out easily. When a believer is connected to a Life Group, there is not only belonging but also strength, support and encouragement in our walk with God. Our spiritual family supports us during challenging times and encourages us to press on when we are feeling weak spiritually. We celebrate breakthroughs in our faith together and support each other during the difficult times.



Charcoal pieces in the fire burn longer and stronger together but loose pieces of charcoal burn out easily.

It is such a blessing to belong to God's spiritual family!

#### Ecclesiastes 4:9-12

<sup>9</sup> Two are better than one, because they have a good return for their labour: <sup>10</sup> If either of them falls down, one can help the other up. But pity anyone who falls and has no one to help them up. <sup>11</sup> Also, if two lie down together, they will keep warm. But how can one keep warm alone? <sup>12</sup> Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken.



Share a testimony of how your Life Group support one another and do life together.

#### Refer to MT 5.1

Many times I feel tired after work/school, there I do not look forward to Life Group. I am going because I feel obligated. How can I overcome this negative feeling?

In our Life Groups, we will meet people from all walks of life who are different from us. We may have different personalities, belong to different nationalities, work in different professions or be in different life stations, but we can still belong to the same Life Group and love one another because God first loved us. The foundation of every spiritual family is our relationship with God. It is through Jesus that each one of us is able to come and belong to this spiritual family.

#### 1 John 4:7-12

<sup>7</sup> Dear friends, let us love one another, for love comes from God. Everyone who loves has been born of God and knows God. <sup>8</sup> Whoever does not love does not know God, because God is love. <sup>9</sup> This is how God showed his love among us: He sent his one and only Son into the world that we might live through him. <sup>10</sup> This is love: not that we loved God, but that he loved us and sent his Son as an atoning sacrifice for our sins. <sup>11</sup> Dear friends, since God so loved us, we also ought to love one another. <sup>12</sup> No one has ever seen God; but if we love one another, God lives in us and his love is made complete in us.

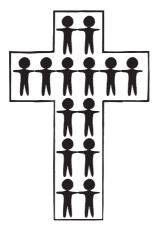
Besides receiving blessings in the spiritual family of God, we are also called to be a channel of blessing to those who are in our spiritual family. We can be a blessing by serving them and looking out for their needs. God can use us to bring His blessing to the ones He placed around us in our spiritual family.

The foundation of every spiritual family is our relationship with God.

#### **HOW CAN I PLAY MY PART IN MY SPIRITUAL FAMILY?**

Here are some ways to be a blessing in the spiritual family:

- 1. Help and serve one another (Galatians 5:13)
- 2. Do good to one another (Galatians 6:10)
- 3. Meet up together (Hebrews 10:24-25)
- 4. Love one another (Hebrews 13:1)
- 5. Offer hospitality to one another (1 Peter 4:9)
- 6. Share what we have (Acts 2:42-46)
- 7. Encourage one another to grow as believers (1 Thessalonians 5:11)



The church is not just a social group or a gathering place. It is the place God wants us to be! God loves us too much to see us worship Him in isolation. Instead, He desires us to reap the spiritual blessings of belonging to a spiritual family.

The church is where we will testify about God's goodness, witness the transformation of lives, see the power of God move and collectively shine Jesus' light. The church is where every believer should belong!



#### REFLECT

Why should I connect myself to a Life Group?

What are some challenges I face in attending Life Group sessions? Are there ways to overcome these challenges?

How can I be a blessing to my Life Group members?



#### RESPOND

Join a Life Group this week if you have not.

You can log on to www. hopesingapore.org.sg/ imnew to find out more.



Hebrews 10:25
Let us not give up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching.



# **SESSION 5** What is the Spiritual Family?

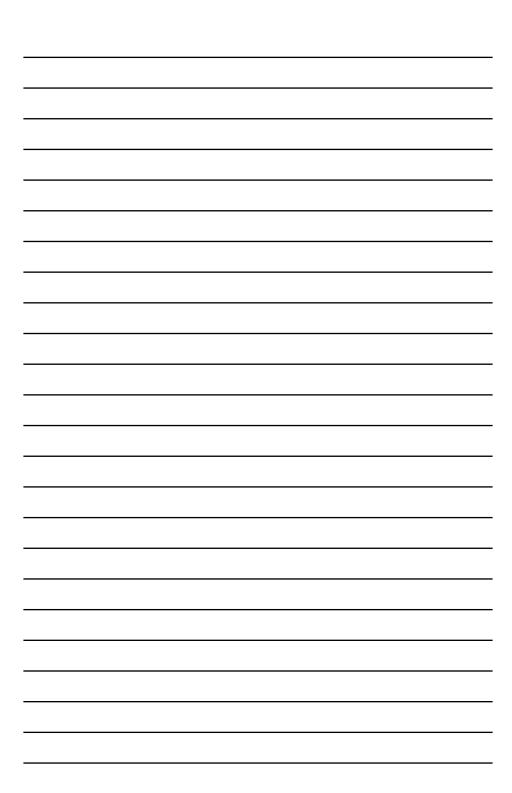
# **\*MENTOR'S TIPS**

MT 5.1 Many times, I feel tired after work/school, therefore I do not look forward to Life Group. I am going because I feel obligated. How can I overcome this negative feeling?

When we feel tired from work/school, we can look forward to a time with our Life Group. Life Group is where we find people who can support us, strengthen us and find encouragement in. In challenging situations, we can also find comfort in our Life Groups where we carry one another's burden.

Going to Life Group is a great way to take time out away from the stress and worries of our life to recharge and to be refreshed as we draw near to God.

Invite your new believer to personally experience this for themselves.



#### **SESSION 6**

# What does it mean to be empowered by the Holy Spirit?

Have you ever seen someone "Windsurf" before? While paddling is possible when the sea is calm, it is tough work when the seas become choppy. Most of the time, the boat will just end up being tossed about by



the waves. Changing directions is even more difficult. However, these challenges can be overcomed easily by opening up the sail. The sail enables the boat to be "empowered" by the wind to move swiftly even in the midst of the choppy waters. The sail does not dictate the direction of the wind but merely decides whether it wants to "catch the wind" and be carried along in the direction where it is already blowing.

In the same way, this is like our relationship with the Holy Spirit. The Holy Spirit leads us towards what is good and pleasing to God. We cannot see the Holy Spirit so we may sometimes doubt His presence or ability to help us. But once we choose to trust Him, just like opening up our sail, we will be able to testify to His empowerment in our lives!

# Mentor's Tips

You can start this session by:

Sharing your experience of Holy Spirit's power in your life (e.g. When you are sharing Jesus to others, serving God, when you are struggling over a certain challenge in your life etc).

#### WHO IS THE HOLY SPIRIT?

The Holy Spirit, is called the 'Advocate'. 'Advocate' means one who provides support, defends and pleads on another's behalf. When Jesus ascended to heaven, He promised His disciples that He will send them the Holy Spirit. Jesus calls the Holy Spirit our Advocate because the Holy Spirit helps us, empowers us to witness, teaches us the truth and convicts us of our sins.

#### John 16:7-11

<sup>7</sup> But very truly I tell you, it is for your good that I am going away. Unless I go away, the Advocate will not come to you; but if I go, I will send him to you. <sup>8</sup> When he comes, he will prove the world to be in the wrong about sin and righteousness and judgment: <sup>9</sup> about sin, because people do not believe in me; <sup>10</sup> about righteousness, because I am going to the Father, where you can see me no longer; <sup>11</sup> and about judgment, because the prince of this world now stands condemned.

The Holy Spirit, is called the 'Advocate'. 'Advocate' means one who provides support, defends and pleads on another's behalf.



Refer to MT 6.1

Who is the Holy Spirit?

#### John 16:13

But when he, the Spirit of truth, comes, he will guide you into all the truth. He will not speak on his own; he will speak only what he hears, and he will tell you what is yet to come.



Although you cannot see or touch the Holy Spirit because He is Spirit, you can certainly witness His Presence and power at work in your lives. The Holy Spirit dwells in every believer the moment they invite Jesus into their lives. To experience the fullness and the empowerment of the Holy Spirit, you need to be baptised in the Holy Spirit.

#### **HOW CAN I BE BAPTISED IN THE HOLY SPIRIT?**

Our God is a Father who loves to give good gifts to His children. In fact, as long as we desire to surrender ourselves to be empowered by the Holy Spirit, open our hearts to ask God, He is more than willing to bless us with this gift!

Just like the sail analogy, the only way for the boat to move swiftly despite the choppy sea is to allow the wind to empower it. In the same way, the way for us to be baptised and experience the empowerment of the Holy Spirit is fully surrender ourselves to be empowered by the Holy Spirit. All you need to do is to focus on why you need the empowerment from God in your life, confess your weakness and choose to yield yourself to the Holy Spirit's enablement. As the Spirit leads and moves within you, take a step of faith to trust and move with Him!

#### Here are 3 practical steps you can begin with:

- 1. Pray and ask God for the baptism of the Holy Spirit
- 2. Desire to be baptised in the Holy Spirit and choose to surrender yourself fully in your heart
- 3. Have faith and receive it from God

# Mentor's Tips

Share about your Holy Spirit baptism experience.

#### Refer to MT 6.2

Ask the New Believer if he would want to be Holy Spirit baptised. Be active to clarify his doubts.

#### Luke 11:9-13

"So I say to you: Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened. "Which of you fathers, if your son asks for a fish, will give him a snake instead? Or if he asks for an egg, will give him a scorpion? If you then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give the Holy Spirit to those who ask him!"

#### HOW DO I KNOW I AM BAPTISED IN THE HOLY SPIRIT?

In the Bible, when the disciples were baptised in the Holy Spirit, they began to speak in new tongues as the Spirit enabled them. This ability to speak in tongues or a new language, is the tangible evidence that you are baptised in the Holy Spirit.

#### Acts 2:1-4

<sup>1</sup>When the day of Pentecost came, they were all together in one place. <sup>2</sup> Suddenly a sound like the blowing of a violent wind came from heaven and filled the whole house where they were sitting. <sup>3</sup> They saw what seemed to be tongues of fire that separated and came to rest on each of them. <sup>4</sup> All of them were filled with the Holy Spirit and began to speak in other tongues as the Spirit enabled them.



#### Refer to MT 6.3

What should I do after receiving this gift of speaking in tongues?

# WHAT ARE SOME WAYS WE CAN EXPERIENCE THE POWER OF THE HOLY SPIRIT AT WORK IN US?

- We will be empowered to share Jesus with others (Acts 1:8)
- We will receive help in times of weakness. This is especially helpful when we do not know what to pray for (Romans 8:26)
- We will be uplifted and encouraged (1 Corinthians 14:4)
- We will have spiritual gifts to build God's church (1 Corinthians 12:4-11)
- We will grow to become who God created us to be (Galatians 5:22-25)

When we are baptised in the Holy Spirit, we can expect the Holy Spirit's help when we partner with Him in the growth of our character to become more like Jesus. The Bible refers to this transformation as bearing the fruit of the Holy Spirit.

#### Galatians 5:22-23

<sup>22</sup> But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, <sup>23</sup> gentleness and self-control. Against such things there is no law.

When we are baptised in the Holy Spirit, we can expect the Holy Spirit's help when we partner with Him in the growth of our character to become more like Jesus.

## Mentor's Tips

Share how the Holy Spirit enabled you to grow in one of the aspects of the fruit of the Spirit.

# Refer to MT 6.3

How do we pray to receive baptism of the Holy Spirit?



#### REFLECT

Why is it necessary for believers to be Holy Spirit baptised?

What is one area of weakness you personally face & desire to overcome though the empowerment of the Holy Spirit?

Is there anything that might hinder you from desiring to be Holy Spirit baptised?



#### RESPOND

Get baptised in the Holy Spirit right away.



#### Acts 1:8

But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth.

# **SESSION 6** What does it mean to be empowered by the Holy Spirit?

# **\*MENTOR'S TIPS**

#### MT 6.1 Who is the Holy Spirit?

The Holy Spirit is the Spirit of God. The Bible says that the Holy Spirit is our Teacher, He is our Comforter, He is the one who convicts us of our sins, He is our Advocate and He also resides in every believer of Christ.

#### John 14:26

But the Advocate (also translated to be "Comforter", "Helper", and "Counsellor"), the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you.

#### John 16:8-11

<sup>8</sup> When he comes, he will prove the world to be in the wrong about sin and righteousness and judgment: <sup>9</sup> about sin, because people do not believe in me; <sup>10</sup> about righteousness, because I am going to the Father, where you can see me no longer; <sup>11</sup> and about judgment, because the prince of this world now stands condemned.

#### 1 Corinthians 6:19

Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own.

## MT 6.2 What should I do after receiving this gift of speaking in tongues?

Use this new language in your private time with God and also in corporate prayer times. This helps us to strengthen our spiritual lives, receive help in times of weaknesses and receive empowerment in doing God's work. We need to be faithful in applying this gift. Our sensitivity to the Spirit's prompting will also increase as we pray more often.



#### MT 6.3 How do we pray to receive baptism of the Holy Spirit?

**Step 1**: Ask if he/she desires the Holy Spirit's fullness & empowerment. Share Luke 11:9-13 to encourage him/her if answer is 'yes'.

#### Luke 11:11-13

<sup>11</sup> "Which of you fathers, if your son asks for a fish, will give him a snake instead? <sup>12</sup> Or if he asks for an egg, will give him a scorpion? <sup>13</sup> If you then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give the Holy Spirit to those who ask him!"

Step 2: In English, pray with him/her.

Ask him/her to tell God about the desire to receive the Holy Spirit. Once finished praying in English, encourage new believer to have faith to speak in new tongues and to focus his/her eyes on God. Tell him/her when he/she feels the gentle urge to pray, co-operate with the Holy Spirit by adding sound to the words.

**Step 3**: Pray now for the Holy Spirit to fill the new believer.

**Step 4**: Once the new believer has broken out in tongues, do not stop immediately. Encourage him/her to continue to praise God in this new found language for a while longer. Join him/her in praising God in tongues.

**Step 5:** Ask how he/she feels and close by giving thanks to God together. Do not be discouraged if he/she does not speak in tongues. Waiting time is not wasted time.

Some Christians take hours to receive. Keep trying and be encouraging.

In the case in which the new believer is not ready to receive, ask for the reasons and address the doubts and fears. Be encouraging when explaining the benefits; from Scriptures and how it benefits a believer practically. Do not be forceful, but be patient. Anyway, God does not work against our will.

#### **SESSION 7**

# What does it mean to share about Jesus to others?

We cannot help but share good things we find around us. Just like discovering a fantastic deal, we will be excited to share so that others can enjoy too. Similarly, we cannot help but share how good God is. We want to tell others our new relationship with God and help them know Him too! In this session, we learn what it means to share Jesus to others and how we can do it so that many others will come to enjoy this wonderful gift we have received from God.

#### WHAT IS SHARING ABOUT JESUS TO OTHERS?

Perhaps you have heard of terms like 'Witnessing', 'Outreach' and 'Evangelism'. They all refer to the same thing: sharing with others about who Jesus is and what He has done for us. When we share a relationship with Jesus, we experience Him personally and are able to tell others who He is and how good He is.

#### Mark 5:19

"Go home to your family and tell how much the Lord has done for you, and how he has had mercy on you."

# Mentor's Tips

You can start this session by:

- Sharing how you feel when you first attempt to share Jesus to another person.
- Or sharing how you feel when someone first shared with you about Jesus

Sharing about Jesus to others is a natural overflow of the Christian life. Just like how we are excited to share a fantastic deal, we should also be excited to share how good God is and what He has done for us. When we share about Jesus to others, we invite them to experience God's goodness so that they will also be able to enjoy the goodness of God in their lives.

#### Psalm 34:8

Taste and see that the Lord is good; blessed is the one who takes refuge in him.

Sharing to others about Jesus is not just about telling others how good God is. It is also about being the vessel of God's love to others who have not come to know Him yet. God loves every one of His creation and He does not want anyone to be lost. When we share about Jesus, we partner with God to show His love for others

'Witnessing', 'Outreach' and 'Evangelism'. They all refer to the same thing: sharing with others about who Jesus is and what He has done for us.

#### Luke 15:3-7

<sup>3</sup>Then Jesus told them this parable: <sup>4</sup> "Suppose one of you has a hundred sheep and loses one of them. Doesn't he leave the ninety-nine in the open country and go after the lost sheep until he finds it? <sup>5</sup> And when he finds it, he joyfully puts it on his shoulders <sup>6</sup> and goes home. Then he calls his friends and neighbors together and says, 'Rejoice with me; I have found my lost sheep.' <sup>7</sup> I tell you that in the same way there will be more rejoicing in heaven over one sinner who repents than over ninety-nine righteous persons who do not need to repent.

## Mentor's Tips

Share with the NB that it is because we have received and experienced the love of God that we are motivated to share it with others.

### Refer to MT 7.1

I am quite new to my relationship with God and I do not know much. Can I still share to others about Jesus?

#### Refer to MT 7.2

I do not feel there is a need to share about Jesus to others. How can I overcome this?

# Refer to MT 7.3

What is a testimony and how do I share my testimony?

There are many ways we can share to others about Jesus.

Here are some ways:



#### 1. Sharing testimonies

We can tell others about the positive transformation we have experienced after having Jesus as our Lord and Saviour (see pg 3 for an example of how to write a testimony).

#### 2. Inviting others to church or Life Groups

We can invite our friends, family members, colleagues, schoolmates, neighbours to join us in church.

### 3. Sharing the Bridge Diagram (see page 48 - 50)

#### 4. Being a salt and light

We also communicate share Jesus with others through the way we live our lives. How we make decisions, treat others in school, at home or in our workplaces and respond to the difficult circumstances can cause others who do not know Jesus be curious about our relationship with God as they see His goodness reflected through our lives! Living our lives as salt and light can point others' to Jesus.

#### Matthew 5:14-16

<sup>14</sup> You are the light of the world. A town built on a hill cannot be hidden. <sup>15</sup> Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. <sup>16</sup> In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.

# Mentor's Tips

- Practice writing a testimony with your NB.
- Encourage the NB to pray for people that he/she wants to evangelise to, especially to those who have specific needs.
- Share with NB how it feels like to have someone come to know God.
- Watch the Bridge Diagram video presentation on www.hopesingapore.org.sg/imnew



#### REFLECT

Have I experienced
Jesus in a personal way
so that I can tell others
about Him?

How can I be prepared to share about Jesus to others?

Who can I share about Jesus to?



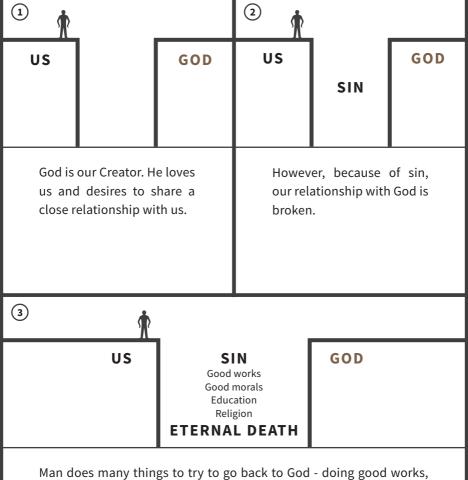
#### **RESPOND**

Pray for a person you can share about Jesus to and start finding opportunities to do so.



#### Matthew 28:18-20

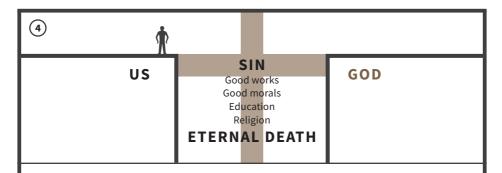
18 Then Jesus came
to them and said, "All
authority in heaven and
on earth has been given
to me. <sup>19</sup> Therefore go
and make disciples of all
nations, baptising them
in the name of the Father
and of the Son and of the
Holy Spirit, <sup>20</sup> and teaching
them to obey everything
I have commanded you.
And surely I am with you
always, to the very end of
the age."



Man does many things to try to go back to God - doing good works, donating money to the needy, being religious and having a good education to become a good person. But all of these are insufficient to get us right with God.

Why? Because our good works fall short of the perfect standard of God, and we were all destined to eternal death because of sin. This death is not just physical death but eternal separation from God.

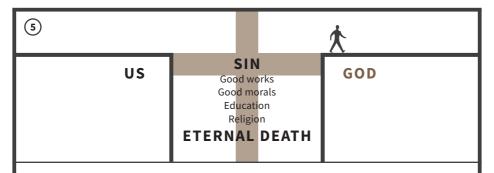
You can watch the Bridge Diagram video presentation on the Hope Church website www.hopesingapore.org.sq



Despite the seemingly hopeless situation that man is in because of sin, God loves us and does not want us to remain in our sins. As God is holy and just, He had to punish someone for our sins. Hence, God sent His one and only son Jesus Christ to die on the cross for our sins. Jesus is the perfect sacrifice because He is sinless and comes from God. He is the bridge between God and us. Because of His death, the consequence of sin is paid for and those who believe in Him will not have to suffer eternal death. Jesus did not stay dead, but was resurrected by the power of God.

#### Romans 10:9-10

<sup>9</sup> If you declare with your mouth, "Jesus is Lord," and believe in your heart that God raised him from the dead, you will be saved. <sup>10</sup> For it is with your heart that you believe and are justified, and it is with your mouth that you profess your faith and are saved.



Do you want to know Jesus Christ? You can choose to accept Christ as your Lord and Saviour and receive forgiveness for your sins.

You can invite Jesus into your life by saying the sinner's prayer below. The sinner's prayer is a prayer a person prays to God when they understand that they are a sinner and is in need of a Savior.

#### Dear Jesus,

I confess that I'm a sinner and I want to thank you for dying on the cross for my sins. Please come into my life to be my Lord and Saviour, and make me into the kind of person I was created to be.

All these I pray in Jesus' name, Amen.

If you have decided to repent of your sins and accept Jesus into your life today, we welcome into God's family!

### **SESSION 7** What does it mean to share about Jesus to others?

# **\*MENTOR'S TIPS**

# MT 7.1 I am quite new in my relationship with God and I do not know much. Can I still share to others about Jesus?

It is an opportunity for new believers to be able to share about their new relationship with Jesus to others. New believers can share what they have experienced, and what they already know about their faith. If they encounter questions which they are unable to answer, they can always find out the answer and get back to their family and friends at the next available opportunity.

Sometimes we are concerned about how to share and what to share. While it is our responsibility to learn how and what to share, the most important thing is to trust that Jesus is the one who is drawing the pre-believers to him.

# MT 7.2 I do not feel there is any need to share about Jesus to others. How can I overcome this?

Sharing Jesus with others comes from an overflow of our heart as we experience God's love for us, who He is and what He has done. When we experience God's goodness, it will be a natural thing to share it with others.

New believers may struggle to share Jesus with others because of negative impressions they have of Christians who are pushy/ disrespectful in their life. Or they may fear rejection or losing friends. Some may lack courage to do so. As mentors, we can demonstrate how we can share Jesus with others together with our new believer and encourage them to also try it on their own. At the same time, remind them that the Holy Spirit will empower them as they partner with Him to share His message.

#### MT 7.3 What is a testimony and how do I share my testimony?

A testimony is an account of how God good is and what God has done for us. Our testimony can increase the faith of others around us as they hear of God's goodness and power. You can encourage your new believer to share his testimony regularly with the people around him.

Here is how he can prepare his testimony:

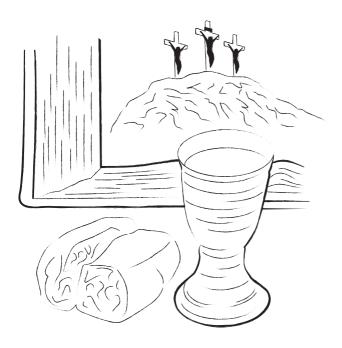
- · Before experiencing God
  - What happened in my life and what kind of challenges am I struggling with?
- During
  - How did God helped me/intervened in my challenges?
- After
  - How did my challenging situation turn around?
  - What are some blessings I received after becoming a Christian?

You can refer to page 3 for more information on how to share a testimony and where to submit it.

WHAT IS HOLY COMMUNION? 51

#### **SESSION 8**

# What is Holy Communion?



On the night before He was betrayed and crucified, Jesus instructed His disciples to remember His impending death and resurrection by observing the Holy Communion. During the Holy Communion (also known as 'The Lord's Supper'), believers typically take a cup of red-coloured drink and a bread (or wafer) together. This session will help you understand why we gather for Holy Communion as a community of believers and what the cup and bread symbolise.

# Mentor's Tips

You can start this session by:

Sharing your experience of participating in Holy Communion for the first time.

#### WHY DO WE TAKE THE HOLY COMMUNION?

Jesus died on the Cross to pay for the penalty of our sins. When we repent and acknowledge what He has done for us, we receive His forgiveness and our salvation is secure in Him. But this is not all; Jesus also promised He will come back for us. The Holy Communion is thus a significant time that the community of believers specially set apart in order to remember the death and resurrection of Jesus as they await for His return. The Holy Communion can be taken whenever believers gather, commonly in a service or during Life Group gatherings.

#### Luke 22:17-20

<sup>17</sup> After taking the cup, he gave thanks and said, "Take this and divide it among you. <sup>18</sup> For I tell you I will not drink again from the fruit of the vine until the kingdom of God comes." <sup>19</sup> And he took bread, gave thanks and broke it, and gave it to them, saying, "This is my body given for you; do this in remembrance of me." <sup>20</sup> In the same way, after the supper he took the cup, saying, "This cup is the new covenant in my blood, which is poured out for you."

The Holy Communion is thus a significant time that the community of believers specially set apart in order to remember the death and resurrection of Jesus as they await for His return.

# Mentor's Tips

#### Refer to MT 8.1

Why is it that non-believers do not need to partake in the Holy Communion?

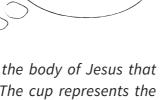
WHAT IS HOLY COMMUNION? 53

#### WHAT DOES THE BREAD AND THE CUP MEAN?

Believers typically take a cup of red-colored drink (usually grape juice) and a piece of bread (or a wafer). The bread symbolises the body of Jesus that was sacrificed for us. He was beaten, whipped and pierced because of our sins. The cup represents the blood that Jesus shed when He gave His life for the penalty of our sins. Hence in taking the Holy Communion, we are reminded that though we are sinners, we have been forgiven through what Jesus has done on the Cross. In addition, it serves as a reminder to us that Jesus will be coming back for us.

#### 1 Corinthians 11:26

<sup>26</sup> For whenever you eat this bread and drink this cup, you proclaim the Lord's death until he comes.



The bread symbolises the body of Jesus that was sacrificed for us. The cup represents the blood that Jesus shed when He gave His life for the penalty of our sins.

## Mentor's Tips

Find out what are some misconceptions the NB has of participating in Holy Communion.

#### HOW SHOULD WE TAKE THE HOLY COMMUNION?

### 1. With a sincere and grateful heart

Jesus gave thanks when He had the Last Supper with His disciples. The thanksgiving prayer signifies that the Lord's Supper is to be taken with a grateful heart. As we partake in the Holy Communion we participate in it sincerely with a heart of thanksgiving as we remember what Jesus has done for us on the Cross.

#### Matthew 26:26-29

<sup>26</sup>While they were eating, Jesus took bread, and when he had given thanks, he broke it and gave it to his disciples, saying, "Take and eat; this is my body." <sup>27</sup> Then he took a cup, and when he had given thanks, he gave it to them, saying, "Drink from it, all of you. <sup>28</sup> This is my blood of the covenant, which is poured out for many for the forgiveness of sins. <sup>29</sup> I tell you, I will not drink from this fruit of the vine from now on until that day when I drink it new with you in my Father's kingdom."

### 2. As a community

The Communion meal is a community ritual and thus should not be taken alone. In the original practice, a loaf of bread was actually broken and divided among participants and partaken together, serving as a symbol of fellowship and togetherness among the believers. Therefore, as we take the Holy Communion, we should look out for another and seek to reconcile and connect back to the family of God.

WHAT IS HOLY COMMUNION? 55

#### 1 Corinthians 11:17-22

<sup>17</sup> In the following directives I have no praise for you, for your meetings do more harm than good. <sup>18</sup> In the first place, I hear that when you come together as a church, there are divisions among you, and to some extent I believe it. <sup>19</sup> No doubt there have to be differences among you to show which of you have God's approval. <sup>20</sup> So then, when you come together, it is not the Lord's Supper you eat, <sup>21</sup> for when you are eating, some of you go ahead with your own private suppers. As a result, one person remains hungry and another gets drunk. <sup>22</sup> Don't you have homes to eat and drink in? Or do you despise the church of God by humiliating those who have nothing? What shall I say to you? Shall I praise you? Certainly not in this matter!

The Communion meal is a community ritual and thus should not be taken alone.



We are encouraged to take the Holy Communion as often as possible, whenever we gather as a community of believers. Jesus instituted the ritual for the believers because humanly we are prone to wander and be forgetful. Jesus wants us to remember what He has done because one day He will return for us.

#### Acts 20:7a

On the first day of the week we came together to break bread.

56 WHAT IS HOLY COMMUNION?



#### REFLECT

Do I know what the Holy Communion symbolises?

Have I participated in the Holy Communion meaningfully?

How should I respond to the differences or conflicts I have with others in the family of God when taking the Communion elements?



#### RESPOND

Take a minute to remember what Jesus has done for you before taking the Holy Communion this week.



# 1 Corinthians 11:26 For whenever you eat this bread and drink this cup, you proclaim the Lord's death until he comes.

# **SESSION 8** What is Holy Communion?

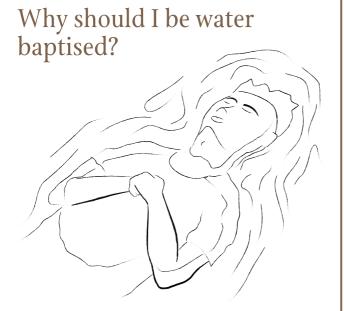
# **MENTOR'S TIPS**

# MT 8.1 Why is it that non-believers do not need to partake in the Holy Communion?

The Holy Communion is not to be taken as a ritual with little or no meaning. Holy Communion is a meaningful ceremony for those who understand Jesus's sacrifice for them on the cross and the victories it signifies when He rose again. Only believers have the privilege of partaking the Holy Communion as it is a time we remember Jesus, what He has done and how He will return again for the church. Such a ceremony will not be of significance to non-believers.



#### **SESSION 9**



Water baptism is not just a time to get wet. The Bible records many early believers who were water baptised immediately after they believed in Jesus. During the Pentecost, many were baptised within hours after they accept Jesus (Acts 2:41). The Samarians were baptised immediately (Acts 8:12) and the Ethiopian Eunuch was baptised on the same day after he believed (Acts 8:35-37). Some Christians may ask, "Is water baptism really necessary?" This session will help you to understand its significance and why you should make a decision to be water baptised as soon as you can.

# Mentor's Tips

You can start this session by:

- Sharing about your water baptism experience. How did you make the decision and how was it significant to you personally?
- Share your water baptism name and what it means.

#### WHAT IS WATER BAPTISM?

"Baptism" comes from the Greek word "baptizo", which means to immerse or dip fully in water. Water baptism holds a tremendous significance for every Christian to identify with Christ's death and resurrection. As you are fully submerged in the water, you are saying 'goodbye' to the sinful self who has died. As you rise from the water, you have new life through your faith in Jesus Christ, whom God raised from the dead.

#### Romans 6:8

Now if we died with Christ, we believe that we will also live with him.

#### Colossians 2:12

having been buried with him in baptism, in which you were also raised with him through your faith in the working of God, who raised him from the dead. Here are some reasons why Christians get water baptised.

# Water baptism is an expression of your gratitude for what Jesus has done for you

Although water baptism is a command given by Jesus, it is not a command to simply "lord over" you. Rather, it is an instruction given by someone who loved you so much that He died on the Cross for you.

Going for water baptism is an outward expression of your gratitude for what Christ has done for you inwardly. True gratefulness is not just a warm fuzzy feeling but an active response to obey Him in what He commands us to do.

#### Matthew 28:19-20

<sup>19</sup> Therefore go and make disciples of all nations, baptising them in the name of the Father and of the Son and of the Holy Spirit, <sup>20</sup> and teaching them to obey everything I have commanded you.



#### Refer to MT 9.1

What are some common misconceptions about water baptism?

Going for water baptism is an outward expression of your gratitude for what Christ has done for you inwardly.

## 2. Water baptism is a personal confession of our belief

Water baptism is a symbolic action that confesses that you are a new creation in Christ. The old is buried and gone, and the new is now alive and is coming to pass. Obeying Jesus' command to water baptism is a confession that sin is no longer your master as you have died to it. Now, Jesus is your Master whom you will follow.

#### **Romans 6:4-7**

<sup>4</sup> We were therefore buried with him through baptism into death in order that, just as Christ was raised from the dead through the glory of the Father, we too may live a new life. <sup>5</sup> For if we have been united with him in a death like his, we will certainly also be united with him in a resurrection like his. <sup>6</sup> For we know that our old self was crucified with him so that the body ruled by sin might be done away with, that we should no longer be slaves to sin— <sup>7</sup> because anyone who has died has been set free from sin.

# 3. Water baptism is a public declaration of our commitment to Jesus

Our faith in Jesus being our Lord and Saviour is never meant to be a private matter. Water baptism is a time where you can declare your new found faith and commitment to follow Jesus. This explains why water baptism is a public event, where believers will invite their friends and loved ones as witnesses to their new commitment to Jesus. This is also a way we express our love for Jesus, by being unashamed of Him and what He has done for us

#### Acts 2:41

Those who accepted his message were baptised, and about three thousand were added to their number that day.



Water baptism is a time where you can declare your new found faith and commitment to follow Jesus.

If it is your heart's desire to express your love and gratitude for Jesus because of what He has done for you, water baptism is definitely a significant decision in your faith that you cannot miss. Talk to your Life Group Leaders or your spiritual mentors and make arrangements to be baptised immediately just like how the early helievers did

#### Mentor's Tips

## Refer to MT 9.2

Share the three questions that every believer will have to answer before they go for water baptism and explain the significance of these questions.

Share testimonies of believers who have gone for water baptism and how it is a milestone in their spiritual life.



# REFLECT

Am I willing to be water baptised? Why?

How is water baptism significant to you personally?

What are some hindrances you have towards getting water baptised? How do you plan to overcome them?



#### RESPOND

Get water baptised at the next available opportunity.



#### Romans 6:4

We were therefore buried with him through baptism into death in order that, just as Christ was raised from the dead through the glory of the Father, we too may live a new life.

# **SESSION 9** Why should I be Water Baptised?



#### MT 9.1 What are some common misconceptions about water baptism?

Some believers have the idea that water baptism is related to their salvation. They think that by going for water baptism it confirms that they have decided to be a Christian. This is a misconception. Water Baptism does not affect our salvation but all believers are encouraged to be water baptised as soon as possible as this is an outward expression of faith in Jesus.

Some find it hard to make the decision to go for water baptism as they are unsure if they will be able to follow Jesus all their life. This is another misconception as water baptism is a decision made based on God's grace for us. Our Christian life is a display of God's grace that sustains us, empowers us and it lifts us up when we are weak. It is not based on our own human effort to live out our faith.

Likewise, water baptism not a benchmark of how spiritual we are. Some have the misconception that only people who are very spiritual or holy can be water baptised. In fact, all who are called to be believers of Christ are to be water baptised.

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MT 9.2 Three questions believers will have to answer before water baptising:

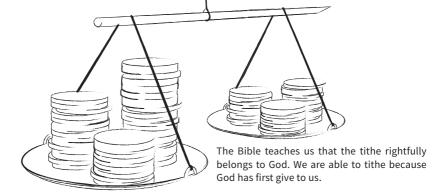
This question affirms who Jesus is.	Question 1: Do you believe that Jesus Christ is the Son of God? That He is the way to salvation and He died for you and rose again on the third day?
This question affirms the believer's act of acknowledging Jesus as his/her personal Lord and Saviour. Knowledge and acting upon knowledge are two different things.	Question 2: Have you accepted Jesus as your personal Lord and Saviour?
seriousness of decision towards	Question 3: Do you have the intention to live a new life in God and follow Him until the last day of your life or until Jesus returns?

After replying "Yes" to all 3 questions, the leader who baptises the believer will then proceed with the baptism.

#### **SESSION 10**

# Why should I give to God?

Do you know that everything in heaven and on earth belongs to God? God is the owner of everything, yet He is a generous Provider. What a great blessing it is to have a heavenly Father who loves us and provides for us! This session will help you understand why Christians tithe and how you can acknowledge God as your generous Provider.



Having a relationship with God is the best gift we can ever receive in this life. We can express our gratitude for our relationship with God by putting our trust in Him for all the areas of our lives. This includes our material possessions too. Every believer should personally understand what tithing means and why God wants us to tithe. The Bible tells us that "where your treasure is, there your heart will be also." (Matthew 6:21) How we handle our 'treasures' can therefore reveal how much we trust in God!

# Mentor's Tips

You can start this session by:

- Asking your NB how he has been blessed by God. Share your personal blessings when you learn to give to God.
- Money is often a sensitive topic. Good to assess the NB's current understanding on tithing if he/she is comfortable to share.

#### WHAT IS TITHING?

Tithing refers to the act of giving back a tenth of what God has first given to us because the tithe belongs to Him. Many may perceive material possessions, including money as their own and by tithing they are giving to God what they have earned. However, the Bible teaches us that all that we have are from God. He is the one who has first given to us. Therefore, when we give our tithes as instructed by God, we are actually giving what belongs to Him.

#### Leviticus 27:30-33

<sup>30</sup> A tithe of everything from the land, whether grain from the soil or fruit from the trees, belongs to the Lord; it is holy to the Lord. <sup>31</sup> Whoever would redeem any of their tithe must add a fifth of the value to it. <sup>32</sup> Every tithe of the herd and flock - every tenth animal that passes under the shepherd's rod - will be holy to the Lord. <sup>33</sup> No one may pick out the good from the bad or make any substitution. If anyone does make a substitution, both the animal and its substitute become holy and cannot be redeemed

How we handle our 'treasures' can reveal how much our heart trust in God!

#### WHY DOES GOD WANT US TO TITHE?

## 1. Tithing teaches us to depend on God

Humans are forgetful and God knows it! In fact, it is most easy for us to forget God when life is sailing smoothly. Material security is one of the most common reasons why people forget God. God wants us to tithe so that we will remember that He is with us and He is the one who enabled us to produce the wealth that is on our hands.

Through tithing, we acknowledge that God is our Provider and He enables us to produce the wealth. When we tithe faithfully, regardless of the amount we have or the circumstances that we are in, we are declaring in faith that God is the one who will provide for us.

#### Deuteronomy 8:11-17

11 Be careful that you do not forget the Lord your God, failing to observe his commands, his laws and his decrees that I am giving you this day. 12 Otherwise, when you eat and are satisfied, when you build fine houses and settle down, 13 and when your herds and flocks grow large and your silver and gold increase and all you have is multiplied, 14 then your heart will become proud and you will forget the Lord your God, who brought you out of Egypt, out of the land of slavery. 15 He led you through the vast and dreadful wilderness, that thirsty and waterless land, with its venomous snakes and scorpions. He brought you water out of hard rock. 16 He gave you manna to eat in the wilderness, something your ancestors had never known, to humble and test you so that in the end it might go well with you. 17 You may say to yourself, "My power and the strength of my hands have produced this wealth for me."



#### Refer to MT 10.1

Do I have peace and joy when I give unto the Lord? Have I made a resolution to tithe monthly?

#### 2. Tithing to resource God's work

So what is the tithe used for? The Bible tells us that the tithe is given as an inheritance for the Levites for their full time contribution in the tent of meeting. In modern context, the tithe is used as an allowance from God to the church workers who are contributing full-time to the church. It is also a monetary source for financing the operation of the church and activities which contribute to helping people know Jesus more.

#### Numbers 18:21-24

<sup>21</sup> I give to the Levites all the tithes in Israel as their inheritance in return for the work they do while serving at the tent of meeting. <sup>22</sup> From now on the Israelites must not go near the tent of meeting, or they will bear the consequences of their sin and will die. <sup>23</sup> It is the Levites who are to do the work at the tent of meeting and bear the responsibility for any offenses they commit against it. This is a lasting ordinance for the generations to come. They will receive no inheritance among the Israelites. <sup>24</sup> Instead, I give to the Levites as their inheritance the tithes that the Israelites present as an offering to the Lord. That is why I said concerning them: 'They will have no inheritance among the Israelites.'

In Hope Church, we will put our tithes in a tithing envelope and drop it into the offering bag when it is passed around during service. We can also give our tithes at the payment counter at the Axis reception.

You can read more about how you can tithe here: www.hopesingapore.org.sq/special/give/



# Refer to MT 10.2

Teach the NB practical steps in tithing.

## Refer to MT 10.3

If I do not earn an income, do I tithe?

#### WHAT IS GIVING?

Do you know that giving is different from tithing? While the tithe belongs to God, and we tithe according to what God has instructed, what we give (or offer) to God is voluntary. When we give to God, we reflect a heart of gratitude towards what God has blessed us with – be it the food on the table, the people in our lives, our jobs or any other blessings we receive. We can also give because of God's goodness and His faithfulness in our lives.

#### **HOW SHOULD I GIVE?**

#### 1. With faith

God is pleased when we give in faith. Our faith giving glorifies and honors Him as it expresses our acknowledgement that what we have belongs to Him.

#### Luke 21:1-4

<sup>1</sup> As Jesus looked up, he saw the rich putting their gifts into the temple treasury. <sup>2</sup> He also saw a poor widow put in two very small copper coins. <sup>3</sup> "Truly I tell you," he said, "this poor widow has put in more than all the others. <sup>4</sup> All these



people gave their gifts out of their wealth; but she out of her poverty put in all she had to live on."

#### 2. With a cheerful heart

God delights in a cheerful giver. Instead of giving grudgingly, we can give cheerfully. We can share in God's joy of being able to give and be a blessing to others.

#### 2 Corinthians 9:7

Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver.

#### 3. Generously

God is a generous Giver. In fact, everything we own belongs to God. As God's children we learn to give generously as God does!

#### 1 Chronicles 29:14

But who am I, and who are my people, that we should be able to give as generously as this? Everything comes from you, and we have given you only what comes from your hand.

# 4. With a pure heart

God looks into our heart when we give. Therefore we should as we give; we should give with a heart that seeks to honour God.

#### Matthew 6:2-4

<sup>2</sup> "So when you give to the needy, do not announce it with trumpets, as the hypocrites do in the synagogues and on the streets, to be honored by others. Truly I tell you, they have received their reward in full. <sup>3</sup> But when you give to the needy, do not let your left hand know what your right hand is doing, <sup>4</sup> so that your giving may be in secret. Then your Father, who sees what is done in secret, will reward you.



#### REFLECT

Why is it important for me to cultivate the habit of tithing?

What are some factors which can hinder me from tithing regularly?
How can I overcome them?

What kind of attitudes are pleasing to God when I tithe or give my offering?



#### RESPOND

Start tithing to God this month.



#### Malachi 3:10

Bring the whole tithe into the storehouse, that there may be food in my house.
Test me in this," says the Lord Almighty, "and see if I will not throw open the floodgates of heaven and pour out so much blessing that there will not be room enough to store it.

# **SESSION 10** Why should I give to God?

# **\*MENTOR'S TIPS**

# MT 10.1 Do I have peace and joy when I give unto the Lord? Have I made a resolution to tithe monthly?

It is normal to struggle to tithe at the beginning as giving is not in our nature. As we grow in our relationship with God, we will experience God's character as a Giver and Provider and how much He has blessed us. This is when we will naturally start to be able to trust and depend on Him through our tithe. Encourage your new believer to experience God through his giving.

You can encourage them to tithe as regularly as they can and develop a habit of trusting God with their tithe.

#### MT 10.2 Some practical steps we can teach our new believer:

- 1. Cultivate a good habit of tithing, start as soon as you can
- 2. When you receive your income, set aside 10% of it for tithing, and spend/save the remaining 90%
- 3. Prioritize your tithe before your start spending your income

# MT 10.3 If I do not earn an income, do I tithe?

Tithe is a tenth of what we receive. If I do not have an income, but an allowance, I tithe a tenth of what I receive. If what I receive is "zero", a tenth of it is "zero". The spirit is to honour God in whatever we have.

#### Exodus 23:19

Bring the best of the firstfruits of your soil to the house of the Lord your God... 'The house of the Lord' refers to the place where we worship, which is our church. God will use our tithe to fulfil the mission He has entrusted to our church. On the other hand, if we withhold tithes to our church, her work will be hampered. Therefore tithing is how we work with God to see his purpose accomplished.



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