

**LEADING
OUR
LIFE
GROUPS
IN DOC
DURING
COVID-19**

ONLINE PLATFORMS

Recommended Platforms



<https://zoom.us>

Full instructions on how to use Zoom

Requires account sign-up (free of charge).

Only offers free video conferencing up to 40 minutes for any given meeting.

Requires participants to download and install the Zoom client.

See comprehensive Help Articles and Videos.



Google Hangouts

<https://hangouts.google.com>

Full instructions on how to use Hangout

Requires a Google account

Will work on a web browser or through Android/iOS clients



VIDEO CONFERENCING ETIQUETTE AND HELPFUL

TIPS

Host or LGL can run through suggested ground rules before the session starts, so that it sets expectations for all participants.

- Participants to mute and unmute only when speaking
- Use headphones to improve audio quality
- Turn on the camera so it's less daunting for the presenter as he/she can see the reactions of the people!
- Use the chat function to holler if you have anything to say - it makes coordination easier
- As the host, you might find the silence slightly daunting. Keep going on.
- As attendees, be as engaging and present as possible. Support your host!
- Everyone should gather 10-15 mins in the chatroom before the session starts. Sticking around earlier allows us to have fellowship with people, so that we aren't just gathering for a programme.

1 Praise & Worship



1.1 Online worship tips

- Worship leader and guitarist to be the same person (they must be able to play AND lead) using the same laptop to Zoom
- Environment has to be quiet and conducive
- Praise not recommended as faster songs can come off choppy for participants
- Ensure other users mute their mics so as to not cancel out WL/guitar's sound

1.2 Recommended songs

Guitar tutorials of worship songs suitable for LG setting

'Worship From Home' playlist: Songs of The Season

- Spotify 
- Youtube 

You can also have praise and worship differently! Here are some ideas:

- Everyone shares a list of 5 things you are thankful for the week.
- Everyone takes 5 minutes to meditate on a verse / passage (i.e. Psalm 91) and share how good God is.

2 Learning God's Word

2.1 Watch a Bible Seminar

Resouces

There is an archive of Bible Seminars you can find from the Hope Singapore resource page along with PDF notes. You can break the seminar into shorter durations and watch together with your LG, and then have a time of reflection on your learnings together.

2.2 Attend an Online Grow Class

Grow Class

All Grow Season 2 classes will be conducted online. Sign up for a class on our website and join us from home to continue learning the Word of God and deepen your faith.

2.3 Devotion

Start on a devotion plan together as an LG and share your learnings daily or weekly.

- 1) Download the Bible app.
- 2) Click on the Plans icon. Pick a plan and press start.
- 3) Click on "With Friends". Send the link to your LG chat and invite people to join in!
- 4) All who joined in will be able to see each other's progress as well as comments.

Suggested devotions for the season:

Bible in a Year – runs daily

Easter Devotionals – runs daily

A Journey from Worry to Confident Hope by NT Wright on YouVersion – 7 Days


Finding Peace by Charles Stanley – 10 Days

Bible Book Devotions such as Book of James with Francis Chan – 12 days

2.4 Read and Reflect

Read various articles written for this season, and share your reflections with your Life Group. Below are some suggested reflection questions to get you started.



 Read: Church, we may have to meet in houses


- What does it mean to be the Church?
- Has your church experience changed this season? If so, have you let the differences affect you negatively?
- What are some of the issues you or your church might face in this season? What can be done about them?



 Read: Are we seeing the “new normal” with eyes of faith?


- How have you been responding to the COVID-19 situation?
- What are you struggling with most?
- How can we respond in true faith during these times – and how will these inward and outward expressions look like?



 Read: Instead of asking “why God?”, how about “what are you doing, God?”


- What questions have you been wrestling with since COVID-19 started?
- What do you think God is doing in the world today?
- How can you share the good news with others?



 Read: Christians in Wuhan emerge boldly from underground to proclaim the good news while giving out free masks

- Is it easy or difficult to have peace despite the circumstances that are surrounding us?
- There is a peace that is found not in external circumstances but in a Person. How have you personally experienced His Peace in your life?
- What has the Coronavirus situation revealed about the faith that you have in Jesus?
- Using eyes of faith and a heart for compassion, what are some practical ways you can help meet the needs of fellow Singaporeans?



 Read: This is a defining moment of discipleship” Pastor Benny Ho on COVID-19

- In this season of COVID-19, how have you been intentionally plugging in to God and His community?
- How do you want to grow in your faith this season?
- We are not only hearers of God’s Word but also doers of God’s Word. How can you translate your faith into action this season?

2.5 Bible Project Videos

Youtube  Website 

Watch short videos from the Old Testament, New Testament, thematic series, or Word study. Discuss with your LG what you learnt.

3

Create New Serving Opportunities for LG

3.1 Tech Guru

Assign someone to be the tech support. He/she can be the host of the online platform to ensure that the session gets started and that the technicalities are taken care of.

3.2 Prayer Coordinator

- Assign someone to compile prayer requests for personal needs as well as prayers for friends/ family in need. Send this list out in the mid-week so that the LG members can keep updated about each other's lives and pray for one another.
- Alternatively, send out prayer pointers to encourage LG to continue praying and not give up. Refer to Appendix 2 for suggested prayer points.

3.3 Conversation Facilitator

- Assign someone to lead conversations during meal times.
- Click [here](#) for some good conversation starters.

3.4 Sermon Discussion Facilitator

- Assign a core team to prepare Sermon Discussion after service.
- Click [here](#) for the latest sermon discussion questions.

3.5 Game Masters

- Assign someone to plan and lead online games.
- Refer to Appendix 3 for a list of suggested games you can play as an LG online.

In this season, your Life Group won't be able to meet physically to do Go LG together. However, there are ways we can still shine God's light wherever He has placed us!

- 1** Invite our family members to watch the online service together with your LG or play the online service on TV so that our family members can watch together.
- 2** Create a watch party for Easter service or worship service on Facebook and invite the pre-believers to join. Refer [here](#) on how to create a watch party on Facebook.

If your visitor has not accepted Jesus, you can use these questions to follow up with them:

- What do you think of the online service today, was there any part you specifically enjoyed or felt that God was speaking to you?
- What kept you from accepting Jesus today?
- Ask how you can pray for them

If your visitor has accepted Jesus, you can:

- Watch this [short video](#) to find out how you can do an immediate follow up

You can also send them these links for them to get started in their faith.

- Can read about '[Who is Jesus and What did Jesus do on Earth](#)'. In the same link, there is also a [First Steps Mentee link](#) for download
- Read [Book of Mark](#) and also use the [Book of Mark Devotion](#) to spend time with Jesus

- 3** LGs can continue to do [block pastoring](#) at where our members stay during this period (only applicable for local adult)

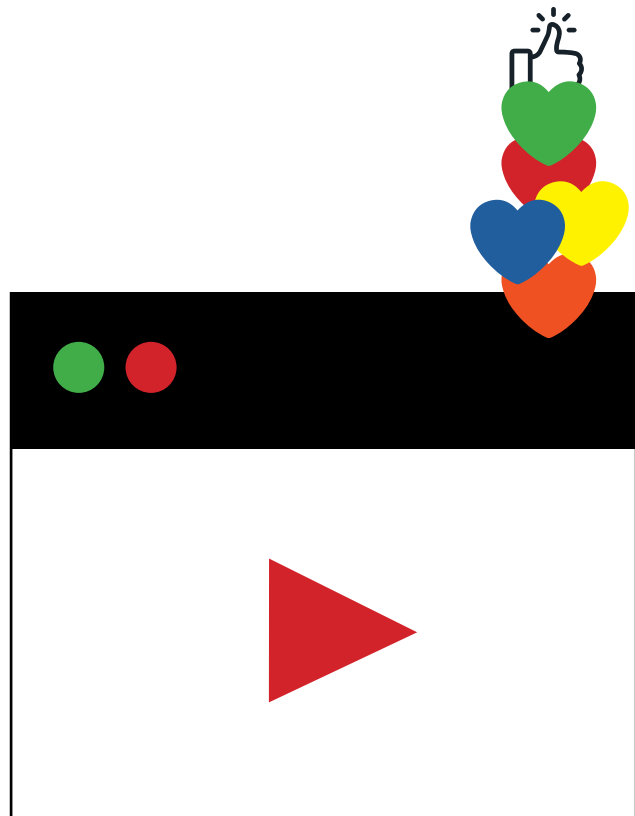
a) Encourage the LG to download a copy and print out the [Easter invite](#). Distribute the invite at the letterboxes or door to door at the block we stay. We can also start conversations with our neighbours, and invite them to watch the online Easter service together. Remember to maintain a safe distancing while doing so.

b) Zones can consider creating a zone Facebook group to promote kampong spirit during this CoVid-19 season. Eg. Kampong Kallang, Kampong Sengkang

- Invite all our LGs in this zone and residents in the zone to join
- Share positive news, kids' resources and "lobangs" in the zone (eg. hand sanitisers to give away)
- Allow neighbours to request for help and let's be proactive to meet their needs if possible. This is a time to bring light into darkness!
- Share our online special services link

4 LGs can use these tools for outreach:

- "Small Talk" Apologetics Series
<https://www.cru.org/sg/en/train-and-grow/share-the-gospel/small-talk-series.html>
- Useful Digital Tools for outreach
<https://www.cru.org/sg/en/train-and-grow/digitalministry/apps-tools.html>
- Website with videos and articles on questions pre-believers ask
<https://www.everystudent.com/>
<https://www.everyperson.com/>
- Useful tools for outreach
<https://knowgod.com/>



1 Fellowship in different ways



- Eat together online (Mukbang)
 - order food or buy food, then organise a time to come online and eat together



- Share 2 items from your home that are special / personal to you that others do not know about



- Play online games/activities together (Refer to Appendix 3 for the list of games)



- Play 'Secret Angel' - assign a secret angel to each member in the LG and the secret angel will think of ways to look out for / bless member



- Give your LG mates a tour of your room or home
- Introduce your LG mates to your family members when they log on online

2 Remember each other's special dates and celebrate together online

Grab deliver a birthday cake or food to your LG mate

3 Connect & bless those who are unconnected

- Assign core team to unconnected ones and be intentional to reach out to them during this season
- Deliver a special blessing to people who are far from the community

APPENDIX 1: SAMPLE LG PROGRAMMES

1.1 ONLINE MID-WEEK LIFE GROUP

Time	Programme	Comments
7pm - 7:45pm	Dinner Flow in Begin with 3 Conversation Starters and everyone share over dinner to break ice	Ensure that LG gets the link to log on
7:45pm - 8pm	Online Games (Refer to Appendix 3)	Ensure everyone downloads the game and gets the instructions before LG.
8pm - 8:15pm	Worship / Thanksgiving / Testimony	Prepare 1-2 songs for worship and 1-2 verses for LG to meditate during the time. Use youtube or have someone to lead live with guitar
8:15pm - 9pm	Bible Study/Article and Reflections	
9pm - 9:15pm	Prayer to Close LG / Pray for one another	

1.2 SAMPLE SERVICE DAY LIFE GROUP

Time	Programme	
9:45am - 10am	Heart Preparation before Service	Ensure that LG gets the link to log on
10am - 11am	Everyone watch service live	
11am - 11:15am	Toilet Break/ Fellowship	
11:15am - 12pm	Summarise Sermon Points Facilitate Sermon Discussion	
12pm	Prayer to Close LG	

APPENDIX 2: PRAYER POINTS

Here are some prayer points suggested by Love Singapore.

Our eyes on God

Facing the many unknowns, we turn to God and acknowledge who He is:

- He is all-knowing. Nothing is a mystery to Him.
- He is all-present. Nothing escapes His attention.
- He is all-powerful. Nothing is too hard for Him.
- He is all-wise. He never makes a mistake.
- He is all-loving. He always acts in our best interest.
- He is all-merciful. He is our very present help in trouble.
- He is our Sovereign King. He is the Ruler of everything.
- He is God our Father. He has a future and a plan for Singapore.

Our cry for Singapore

Feeling the anxiety all around us, we cry out to God on behalf of:

- MOH: Wisdom to do the right thing at the right time in the right way.
- Healthcare Workers: Divine protection, strong immunity, great stamina.
- The Afflicted: Accurate diagnosis, swift recovery, miracle healing.
- Researchers: Divine favour, eureka moments, revolutionary breakthroughs.
- Pastors: Discernment and courage to lead the way, zeal to persevere.
- Christians: Faith to overcome fear, love to reach out selflessly.
- Unsaved: Divine encounters, many turning to the Prince of Peace.
- Fellow Singaporeans: Deeper bonding, stronger social cohesion.
- The Global Situation: Dramatic turnaround, viral stories for God's glory.

Hope Singapore 1-Minute Prayer A Day

In April, we will release daily prayer points on our Facebook and Instagram (@hopesingapore). Pray together with us as we seek God's heart in this global outbreak.

Prayer Room Online

1 & 15 April, 8pm-9pm

Tune in to hopesg.churchonline.org

Online prayer ministers will be available to pray for any prayer needs.

APPENDIX 3: GAMES TO PLAY FOR FELLOWSHIP



Computer Games

skribbl.io

A free multiplayer drawing and guessing game that accommodates up to 12 players! Think Pictionary.



[Kahoot!](https://kahoot.com)

Online Quiz of various topics and many participants can log on and play together.



[Spyfall](https://www.spyfall.com)

- Players are all on the same team, except for 1 person who is chosen to be a spy. Nobody knows who is who.
- The team shares the same location with different roles. The spy doesn't have any location, and his job is to find out the location of the other team.
- The first player asks another one a question. There's no restriction on what it can be. Whoever has been asked will be the next asker, and he/she can choose to question anyone he/she wants. Repeat this process to find out your teammates or try to guess the location if you're a spy.
- When the time expires, the spy will have a few seconds to come out and make his guess. If he's correct, he wins. Else, he loses immediately. After that the team will vote for who they think is a spy. If the majority of them vote for the wrong person, the spy wins. Otherwise the team wins.
- The voting/guessing can also be done during the middle of the game.

[Among Us](https://among-us.com)

There's an imposter among us (4-10 players), and your job is to discover that person who's bent on destroying everyone!



Telegram Games

Secret Hitler

Secret Hitler is a social deduction game for 5-10 people about finding and stopping the Secret Hitler. The majority of players are liberals. If they can learn to trust each other, they have enough votes to control the table and win the game. But some players are fascists. They will say whatever it takes to get elected, enact their agenda, and blame others for the fallout. The liberals must work together to discover the truth before the fascists install their cold-blooded leader and win the game.

Bot: @thesecrethitlerbot

How to Play: Add @thesecrethitlerbot as a member of the group chat, then private message the bot and click 'start'

Minimum Number of Players: 5-6

Werewolf

Bot: @werewolfbot

How to Play: Add @werewolfbot as a member of the group chat, then private message the bot and click 'start'

Minimum Number of Players: 5-6

Hangbot

Just like its human form, the bot comes up with a word. Everyone in the chat group has to select letters or guess the word, and you'll lose lives in the process if you make a wrong guess. The game ends when all lives are lost.

Bot: @Hangbot

How to Play: Add @hangbot as a member of the group chat

Minimum Number of Players: 1

Quizium

Love testing your general knowledge? Then this Telegram game is built for you! The concept behind Quizarium is simple – the bot asks a question and depending on how fast you reply, points are allocated.

Bot: @Quizarium

How to use: Add @quizarium as a member of the group chat

Minimum Number of Players: 2



Phone Games

Spaceteam

A true test of teamwork and the ability to follow instructions (2-8 players), this free game requires some shouting to prevent your ship from falling apart.

HouseParty

Games are open to any of your friends and any of your friends' friends, unless you lock the "room" where you're playing. That's easily fixable, however, with a simple hit of the padlock button at the bottom of the screen.

Find out more about how to use Houseparty app [here](#).