

Part 1: Personal Growth

Session	What is covered?	Why are these covered?	Key Session Take-home
1. How do I grow in intimacy with God?	1. The heart of Christianity is having a relationship with God 2. Grow in intimacy with God by: <ul style="list-style-type: none"> - Living in Christ daily - Choosing to trust Christ in all circumstances - Hungering after God 	1. Frame Christianity as primarily a relationship with God that requires our intentionality and effort to cultivate. 2. Build on the foundational lessons in First Steps, which focuses on individual spiritual habits. Here, key principles of growing in intimacy with God, which undergirds the spiritual habits, are covered.	As we follow Christ, we need to continually cultivate our relationship with Him by learning to live in Christ, strengthening our faith in Him and having a desire for Him.
2. What is God's purpose for my life?	1. Trust God who is our guide 2. What the Bible says about our purpose in life: <ul style="list-style-type: none"> - Become more like Jesus - Be sent to share the Gospel 	1. Relate the idea of trusting God as our guide back to the previous lesson on how Christianity is a relationship with God where everything we do goes back to how we relate to and perceive God. 2. Establish the idea that God has clearly revealed His purpose for all believers in the Bible and it should guide the way we live.	God has called us to become more like Jesus and to be sent to share the Gospel. As we walk with God, we trust that He is our guide and follow His ways and purposes for us.
3. How do I make biblically wise decisions with God?	1. What is a biblical decision? 2. How to make a biblical decision?	1. Establish the need to walk in God's ways, rather than the ways of the world when it comes to decision making. 2. Outline biblical principles that help believers determine what a God-honouring decision is. 3. Give practical handles on how believers can go about making a biblical decision.	As Christ-followers, we choose to live in obedience and faith by making decisions that align with God's word and with the right heart posture before God.

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4. Why should I give to God?	<ol style="list-style-type: none"> 1. Money: God's wealth given to us 2. Faithful Tithing 3. Generous Giving 	<ol style="list-style-type: none"> 1. Outline a Christian perspective towards money and how our view and practices of money matter. 2. Explain tithing and why we should tithe. 3. Explain giving and the right attitudes that should accompany it. 	<p>Our view and use of money reflects our trust in God and how much we treasure Him apart from the material things of this world. The habits of tithing and giving help us remember God's provision and generosity in our lives.</p>
5. What does it mean to live in the empowerment of the Holy Spirit?	<ol style="list-style-type: none"> 1. The Holy Spirit: God's gift to us 2. What is the Holy Spirit's empowerment for? 3. How do we live continually in the empowerment of the Holy Spirit? 	<ol style="list-style-type: none"> 1. Reiterate the importance and role of the Holy Spirit for Christian living. 2. Outline why we need the Holy Spirit's empowerment for our personal relationship with God and our service to Him. 3. Give handles on how believers can keep in step with the Spirit and be empowered on a daily basis. 	<p>We need the power of the Holy Spirit to live a godly life, to build up the Church using the gifts of the Spirit and to fulfil the Great Commission. We live in the empowerment of the Spirit continuously when we keep in step with the Spirit and choose to yield to Him daily.</p>

Part 2: Communal Life

Session	What is covered?	Why are these covered?	Key Session Take-home
6. Why and How can I serve the local church?	<ol style="list-style-type: none"> 1. Why serve the local church? 2. How can I serve the local church? 	<ol style="list-style-type: none"> 1. Establish the importance of serving the local church and how it relates to our personal journey of growing into Christ-likeness and being a part of the body of Christ. 2. Describe the right heart attitude and practical suggestions on how one can serve the local church. 	<p>We serve the local church because we recognize that God primarily uses the church for His redemptive purposes and has called us to follow His ways in serving sacrificially.</p>
7. What is the significance of the Holy Communion?	<ol style="list-style-type: none"> 1. Why do we take the Holy Communion? 2. What does the Bread and the Cup mean? 3. How should we take the Holy Communion? 	<ol style="list-style-type: none"> 1. Outline reasons why the Holy Communion is an important sacrament for believers and the symbolism of the elements. 2. Highlight the inner heart posture we should have as we partake in the Holy Communion. 	<p>By taking the Holy Communion with other believers, we look back and remember Christ's death and resurrection. Beyond that, we also look forward to and anticipate His eventual return.</p>
8. How do I live right with others?	<ol style="list-style-type: none"> 1. Important virtues for living right with others 2. Handling relational challenges 	<ol style="list-style-type: none"> 1. Describe the virtues of love, humility and forbearance and how each are important in enabling us to live right with others. 2. Acknowledge the difficulties and complexities one faces in relational challenges and how God can heal and restore these relationships. 3. Outline biblical principles on forgiveness and reconciliation in handling relational challenges. 	<p>We follow Christ's example of relating to others in love, humility and forbearance. To handle relational challenges, we need to be willing to extend forgiveness and seek to make peace with others.</p>

Part 2: Communal Life

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9. Why does missions matter?	<ol style="list-style-type: none">1. What is missions?2. Why does missions matter?3. How can I be involved in missions?	<ol style="list-style-type: none">1. Frame missions as part of our identity as God's people, beyond merely an activity the church participates in.2. Establish a biblical basis of missions and show how believers are all called to be involved in it.3. Suggest practical pointers on how believers can contribute to God's global work.	God's heart is for the nations and He has given the church the responsibility of preaching the gospel to all. God's love compels us to be involved in reaching the nations for Him.

Part 3: Eternal Perspective

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10. What can I look forward to at the end of my Christian life?	1. What does the Bible say about the end? 2. How should I live now with the end in mind?	1. Establish a foundational biblical understanding of what happens at the end of our lives. 2. Give guidance and encourage careful thought on the way we should conduct our lives, knowing what happens at the end.	We can look forward to the blessed hope we have in Christ at the end, giving us strength and encouragement to press on in faith to do the Lord's will.